



Parent
Carer
Community
Shropshire

Monthly Newsletter

October 2026

Welcome to PaCC's monthly newsletter.

If you have any questions or require any further information,
please email: info@paccshropshire.org.uk



PACC- Facebook



PACC- Website



OCTOBER HALF-TERM

**PaCC will be closed Monday 26th
October- Monday 2nd November.**

**All emails and enquiries will be
responded to on our return.**

Healthy Lives emails will still be
monitored daily.



Mad Sad Glad 2026 Report



Families aren't asking for one solution.



They're asking for a system that is easier to navigate, communicates clearly, provides support earlier and works with them as partners.



PaCC's Mad, Sad, Glad Survey 2026 shares the experiences of Shropshire Parent and Family Carers of children and young people with SEND.

Families shared what makes them Mad, Sad and Glad, highlighting both the challenges they face and the joy and pride they have in their children.

The feedback raises concerns about accessing support, long waiting times, poor communication, limited inclusive activities and the constant need to fight for services.

READ MORE



PaCC's Community Navigator Service



NAVIGATING SEND TAKES WORK **FAMILIES SHOULDN'T HAVE TO** **HOLD THE SYSTEM TOGETHER.**

FAMILIES OFTEN TELL US THEY ARE:

- Chasing emails and responses
- Following up agreed actions
- Repeating the same information
- Coordinating between different services
- Trying to work out who is responsible

Through feedback collected from PaCC's Community Navigator Service, we produce termly reports which highlight the key themes families have raised with us.

These reports are shared with practitioners across Education, Health and Social Care including Managers, Directors, Assistant Directors and Councillors at Shropshire Council.

READ MORE



Adult Social Care- Understanding Social Care Plans



PaCC's Understanding Adult Social Care Plans guide is a practical resource for parent and family carers. It explains what a care and support plan is, what it should include and how the person receiving support should be involved.

Having needs assessed, having support agreed and actually receiving that support are three different things.

PaCC's guide helps parent and family carers understand what should happen at each stage and what to do when things aren't working.

[READ MORE](#)



A Co-Production Opportunity



Live Well Shropshire would like to invite you to join us for a friendly group discussion to share your experiences and tell us more about the support you would find most helpful as an unpaid or family carer.

Live Well Shropshire is a preventative health service funded by Shropshire Council. We support residents aged 18 and over through wellbeing coaching, health-related activities, and group sessions, helping people stay connected to their communities and enjoy healthier, happier lives.

One of our priorities is to explore how we can better support unpaid carers. Shropshire Council's Carers Team already provides a range of services across the county, and we'd like to understand whether Live Well Shropshire could offer any additional support that would make a real difference to you.

[READ MORE](#)



**ARE YOU FOLLOWING
US ON FACEBOOK?**



Co-Production and why we ask for feedback from you

WHY DO WE COLLECT FEEDBACK?

We want to understand what life is **really** like for families of children and young people with SEND in Shropshire.



We ask because your experiences **should** influence how services are planned, delivered and improved.



WHERE DO WE SHARE YOUR FEEDBACK?

Education – Shropshire Council, SEND services and education partners.

Health – NHS organisations, health commissioners and professionals.

Social Care – Children's and Adults' Social Care teams and service leaders.



We use the experiences you share to represent the views of Parent Carers in discussions with those **responsible** for planning, delivering and improving local services.



Co-production is **not** about asking families what they think after decisions have been made.



Co-production is about recognising that families have **valuable knowledge** and ensuring they have a genuine role in shaping the decisions that **affect their lives**.



NEW

NEW WEBSITE SECTION SEND REFORMS

PaCC will publish a SEND Reforms Newsletter every term with:

- ✓ the latest updates
- ✓ information in clear language
- ✓ ways you can get involved
- ✓ answers to families' questions



The voice of Parent and Family Carers needs to be at the heart of the proposed SEND Reforms. PaCC is committed to ensuring that the Shropshire SEND Community has the information it needs to understand what is being proposed and to influence and shape the new system.

To support this PaCC will be publishing a termly SEND Reforms newsletter, providing the latest up dates on what is happening and how you can be involved. It will also provide us with an opportunity to respond to any questions that you might have about the Reforms.

The first edition plus an easy read version is available on the PaCC website now.

READ MORE



PaCC Guides and Resources

We have a number of guides and Information resources available.
More can be found on our website.

STRUGGLING TO FIND CLEAR INFORMATION?

Families told us that some information was unclear and difficult to access. In response to this feedback, we have created a range of resources and guides to make information clearer, easier to understand and more accessible.

We have created Guides and Frequently Asked Questions covering:

- Preparation For Adulthood
- Transitions in Education
- EHCP Placement Consultation
- Mental Capacity
- EHCP
- Supported Living
- Part-time Timetables
- Direct Payments



Parent
Carer
Community
Shropshire

READ MORE



Community Navigator Service

Offering personalised signposting and Information Provision for families of 0-25 year old's with SEND in Shropshire

We understand how difficult and overwhelming it can be to navigate your child or young persons journey. PaCC's Community Navigator Service is open to any Parent Carer of a child/ young person ages 0-25 with SEND in Shropshire.

How can PaCC Help?

You will be offered an initial 30-minute phone/ Teams call with a Navigator. All of PaCC's Navigators are Parent Carers themselves, so have both a lived and work experience of the SEND system in Shropshire. Following the call you will receive an email with information and signposting.

What can I speak to a Navigator about?

- Social Opportunities
- Finances and Benefits
- Staying Healthy
- Mental Health Support
- Being Part of the local community
- Housing Options
- Support for Parent Carers
- Support for Families
- Employment and Volunteering
- Help navigating the SEND system
- Education
- Education, Health and Care Plans
- Annual Reviews
- Activity Plans



Parent
Carer
Community
Shropshire



Info@paccshropshire.org.uk

OCTOBER

Activities for children and young people- please note these activities are not affiliated with PaCC. Activities shared are based on recommendations from the SEND community.



Disabled children say we can

Registered Charity No. 275936

Shropshire Universal Autism Support Service

This is your October Half Term Reminder .

Family Meet-Up
At Attingham park
Tuesday 27th of October
10.30-12.30

Online Coffee and Support
Join us online on the evening of the
29th of October
6pm-7.30pm

Understanding Behaviours Parent Workshop
Wednesday 28th of October
online
10:00am – 12:00pm

For more information or to book a place, please email:
kids.shropshire@kids.org.uk



Disabled children say we can

Shropshire Universal Autism Support Service

October & November Online Offer

21st October

Online Youth Wellbeing Group
For young people aged 14-18 years
5.30pm - 6.30pm

28th October

Parent/Carer Understanding Behaviours Webinar
Online
10.00am - 12.00pm

4th of November

Online Youth Wellbeing Group
For young people aged 14-18 years
5.30pm - 6.30pm

11th of November

Parent/Carer Sleep Difficulties Webinar
Online
10.00am - 12.00pm

18th of November

Online Youth Wellbeing Group
For young people aged 14-18 years
5.30pm - 6.30pm

25th of November

Parent/Carer Introduction to Neurodiversity Webinar
Online
5.30pm - 7.30pm

Meet the Shropshire team



Daniella Ward
Family Intervention
Senior Practitioner



Tia Walton
Family Intervention
Senior Practitioner

For further information or to book a place please email us at:
kids.shropshire@kids.org.uk



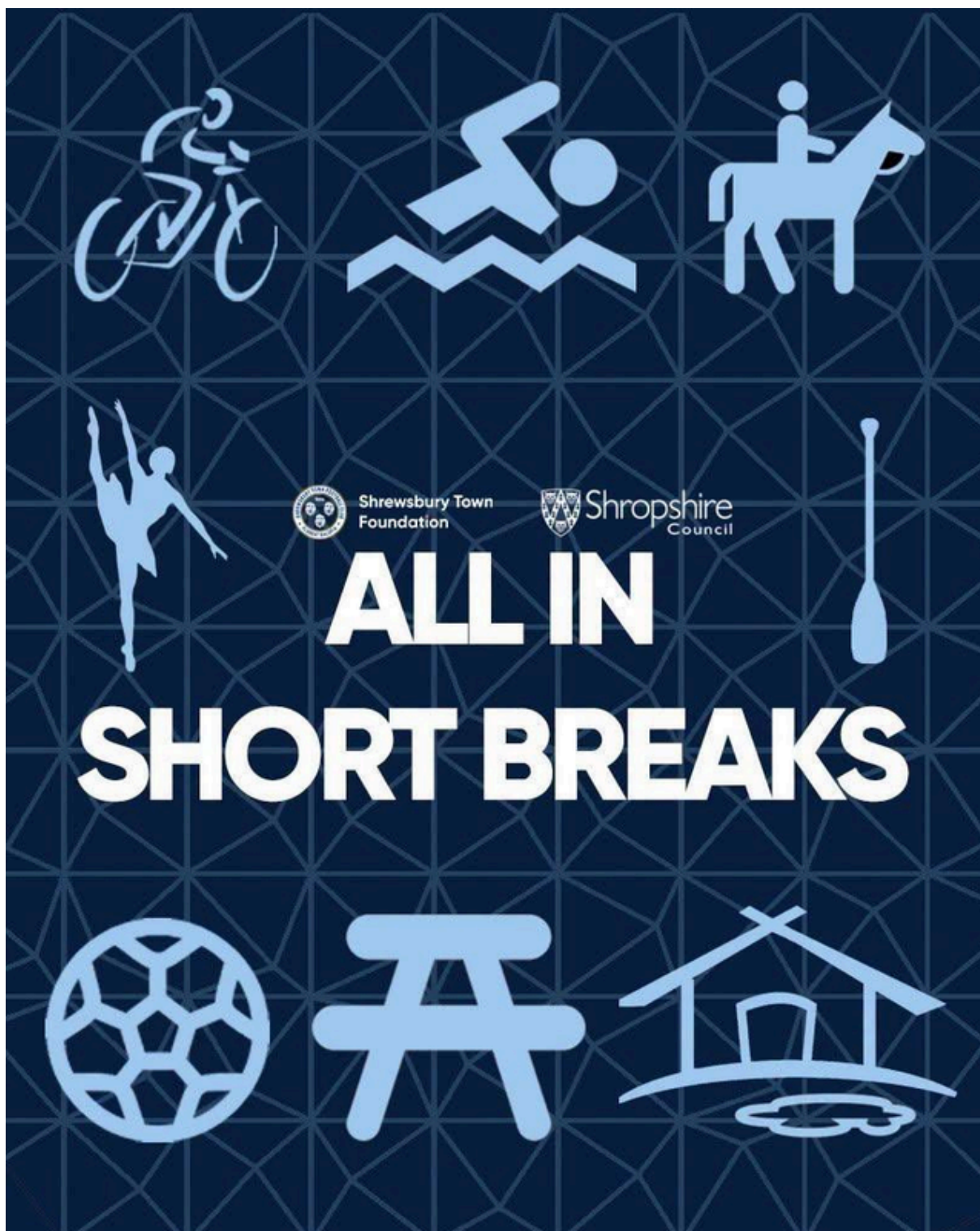
Café Neuro

Coffee • Connection • Support

A welcoming space for parents of neurodivergent children

FIND OUT MORE





Shrewsbury Town FC Foundation are excited to announce the All In Short Breaks activities which are taking place across Shropshire throughout October Half Term.

These activities are able to support children and young people with disabilities to access services to support them physically and socially.

Click the link on our latest story to access information to activities below

[READ MORE](#)



we're BACK!!!

SEN Holiday Club

PLAY • CREATE • EXPLORE • HAVE FUN!

MONDAY 26TH OCTOBER



9.30AM – 3.30PM

FOR SEN CHILDREN AGED 5-11

A SAFE, WELCOMING SPACE TO HAVE
FUN AND MAKE MEMORIES!



SCAN
TO
APPLY



Little
Rascals
FOUNDATION

RCN: 1166955



SPACES ARE EXTREMELY LIMITED #INCLUSIVITYTHROUGHPLAY



Friday 23rd October
4.30pm-6.30pm

SEND Halloween Party

Ascend takeover



Face painting



Magic
show



Balloon
modelling

OSWEST
SEN PARE

Family Fun

FREE OCTOBER HALF TERM

Raven House, Market Drayton
TF9 3AH
TUESDAY 27th October 2026
9.30 - 12.00

- HALLOWEEN CRAFTS
- FANTASTIC TALES STORY TIME
- SENSORY PLAY
- GHOST ART

Shropshire Libraries
Shropshire Council

Shropshire Supporting Families
Through Early Help

The Wingate Centre

Children's Halloween Party

Tickets £1.00
Includes Halloween games and a goody bag

OCTOBER 29, 2026
3PM - 4PM

BOOK YOUR TICKET AT RECEPTION

FUNZONE
Whitchurch

SEN HALLOWEEN GLOW PARTY!

FRIDAY 23RD OCTOBER
5PM - 7PM

- REDUCED CAPACITY
- CALMER ATMOSPHERE
- ALL THE HALLOWEEN FUN
- COME AS YOU ARE

NO PRESSURE TO DRESS UP • NO PRESSURE TO JOIN IN
JUST A RELAXED, SENSORY FRIENDLY SESSION FOR OUR SEN FAMILIES TO ENJOY HALLOWEEN THEIR WAY ♥

BOOKING ESSENTIAL







Join Oswestry SEN Parents on Tuesday 27th October 10am-12pm for a relaxed and friendly SEND session.

At The Senior Citizens Club, Lorne Street.

Group music session with a music teacher

Arts and crafts

Siblings welcome

No diagnosis needed

Tuesday 27th October

10am-12pm

Free to attend

No need to book, just drop in when you can.





(TERM TIME ONLY)

WEDNESDAY
3PM - 5PM



OUR **SEN** SESSIONS ARE SPECIALLY DESIGNED FOR CHILDREN WITH ADDITIONAL NEEDS AND THEIR FAMILIES. A WELCOMING, RELAXED SPACE TO PLAY, EXPLORE, AND ENJOY TIME TOGETHER—AT YOUR OWN PACE!

INFO@UKLITTLERASCALS

WWW.UKLITTLERASCALS.COM



(EVERY WEEK)

SUNDAY
9.30AM - 12PM



OUR **SEN** SESSIONS ARE SPECIALLY DESIGNED FOR CHILDREN WITH ADDITIONAL NEEDS AND THEIR FAMILIES. A WELCOMING, RELAXED SPACE TO PLAY, EXPLORE, AND ENJOY TIME TOGETHER—AT YOUR OWN PACE!

INFO@UKLITTLERASCALS

WWW.UKLITTLERASCALS.COM

Little Rascals Clubhouse
PLAY ♥ LEARN ♥ MAKE FRIENDS

SEND SESSIONS
WEDNESDAY 3-5PM

DISCOUNTED ENTRY

CLOSED SESSION FOR SEND FAMILIES ONLY

A CALM & SUPPORTIVE ENVIRONMENT
SENSORY ROOM AVAILABLE
ACCESSIBLE PLAY SPACES
FRIENDLY, UNDERSTANDING STAFF
A CHANCE FOR YOUR CHILD TO PLAY, LEARN AND CONNECT

Every week we run our SEND sessions and, at the moment, we're being so quiet. We're not sure if we should keep going with them. We don't want to stop doing them – we know how important they are, and we love being able to offer this support to our little rascals and their families. But at this point, it's really hard. We're losing money by putting these sessions on and paying staff to be here when we have nobody coming to them.

If you or someone you know would benefit from these sessions, please come along.
Your support truly makes a difference.

WEDNESDAY 3-5PM
DISCOUNTED ENTRY
Little Rascals Clubhouse

Play Learn Make Friends ♥ Together we play, learn and grow

Sarah The Makaton Tutor
October is DOWN SYNDROME AWARENESS MONTH
Makaton Tutor

COMPETITION TIME

TO CELEBRATE OCTOBER BEING DOWN SYNDROME AWARENESS MONTH

Down Syndrome occurs when there are **3 COPIES OF THE 21st CHROMOSOME ...**

So I'm giving you extra ...
3 FREE PLACES
on a Level 1 workshop with me!

WORTH £90 EACH
Makaton Workshop Level 1
Makaton Participant's Manual

HOW TO ENTER:

- 1 Like & share this post
- 2 Follow my page
- 3 Tell me your favourite Makaton sign in the comments

WINNERS WILL BE CHOSEN AT RANDOM ON **1.11.26**

Place must be taken within 6 months of the competition draw date



DATES FOR THE DIARY

12th October 9.30am–11.30am

9th November 9.30am–11.30am

7th December 9.30am–11.30am

(Wem Town Hall)

Coffee and Chat



SAVE THE DATES

Saturday 5th December, Time TBC,

Christmas Event

(More information to follow soon)



**Love.
Play.
Active.**
Multisports



**URBAN
GAMES**

**PADEL, PICKLEBALL
& TENNIS**
PLAY. CONNECT. ENJOY.



All-ability, fun and engaging multi-sports sessions

DATE	MIDDAY–1:30PM	2PM–3:30PM
Monday 26 October	Sutton Hill MUGA	Dawley Tennis Courts
Tuesday 27 October	Stirchley MUGA	Lawley Newdale MUGA
Wednesday 28 October	St Georges MUGA	Shuker Fields
Thursday 29 October	Sutton Hill MUGA	Malinslee MUGA
Friday 30 October	Leegomery MUGA	Hartshill Park

**CONTACT**
Love Play Active
Tel: 07436633901
Email: hello@loveplayactive.co.uk

**INFORMATION**

• Max 16 players

**AGES
8+**

*SPORT BRINGS
PEOPLE TOGETHER*



**Mereside Community Centre,
Mereside, Shrewsbury SY2 6LH**

**Book via email-
jamila.walker@takingpart.co.uk**

10.30 - 12.30

£4 per child £10 per family with 3 or more children

**Moving and Grooving presents
Active Adventures
Inside and Out**

**Aimed at SEND families, and those who like
creative play Session Plan (7-14 years olds)**

October - December 2026

Activity Session Plan

Saturdays in 2026

Child led sessions, with a flexible structure

3rd Oct Autumn craft and Dance Movement Games

10th Oct Drawing games and drawing scavenger hunt

7th Nov Lego Challenges and Music games

21st Nov Drawing games and drawing scavenger hunt

28th Nov Summer craft and Dance Movement Games

5th Dec Christmas craft and Christmas themed Games*

***At Smithys Bar, Shrewsbury Town Football Club, Croud Meadow,
Oteley Road, Shrewsbury, SY2 6ST**



Please note activities may change, due to weather and/or other
circumstances, which are out of our control.





SANTA CRUISES



Sat 5th Dec
& Sun 6th Dec

Sat 12th Dec
& Sun 13th Dec



Cruise the Llangollen canal



Festive refreshments &
children's craft activities



→ Meet Santa in the cosy wharf cottage ←

Tickets £15 per person
A present for every child

BOOKING:

santa@lyneal-trust.org.uk or 01948 710708



alderford

Christmas Launch

Enjoy live music, meet the reindeers and start the festivities with delicious food and drink

*Performance from
professional ice
skaters*

*Enjoy a drink in
Alderford's ice bar!*

THURSDAY 26TH NOVEMBER

