

FREQUENTLY ASKED QUESTIONS

PaCC's Healthy Lives Holiday Programme is part of our Community Support offer for children and young people with SEND and their families in Shropshire.

The aim is to make community activities more accessible and inclusive. It brings local activity providers together to offer opportunities during school and college holidays.

Children and young people can try new activities, be active, build confidence and independence, develop skills, make and maintain friendships, and feel part of their community. It also gives Parent and Family Carers opportunities to meet other families and benefit from peer support.

ABOUT THE PROGRAMME

Is the programme a holiday club?

No, the programme provides social opportunities for children and young people, and peer support for parent carers. A parent carer or personal assistant must attend all activities.

What is the process for accessing the programme?

After completing the registration form, if more information is needed, a member of The Healthy Lives Team will contact you. When bookings go live and the programme timetable is released, those that have registered will be sent details and criteria for all activities, including a booking form where you will select activities. All details will be provided in emails and you will be given a key contact who you can ask any questions and get support booking any activities.

As a family we struggle with transport, will this be provided?

Transport to activities is not provided. Last year a number of attendees shared lifts with other parent carers. You will be notified ahead of activities of who else is attending to see if this is an option for you. We are also happy to provide you with bus routes for activities.

How do I know if activities will be suitable for my child/ young person?

When you register for the programme, you are asked to provide information about your young person's needs, interests, likes and dislikes. The programme will give details of activities, which will indicate the sessions we have organised for young people with more complex need. Staff at PaCC are also more than happy to call and chat through the sessions with you and whether needs can be met.

FREQUENTLY ASKED QUESTIONS

SIBLINGS

Are siblings able to attend?

Only children/ young people registered for The Healthy Lives Programme are able to attend over half-term, due to the limited spaces available on activities. We are only able to offer sibling spaces over Summer and Christmas at some activities. These are “all-age family activities” on the activity timetable.

What if the sibling has SEND too?

All children/ young people with SEND need to be registered separately to access the programme, activity timetables are emailed out to families indicating the age group for activities. If siblings fall in the same age group, we will allocate spaces together.

AGE GROUPS

What age is the programme for?

All school holiday activities are for 8 to 25 year old's. We offer all-age activities over Summer and Christmas. Age groups are not flexible. Details of all holidays are in the table below:

February Half-Term	Activities for 8-25 year old's
Easter	Activities for 8-25 year old's
Whitsun Week	Activities for 8-25 year old's
Summer	0-25 year old's, siblings welcome at some activities
October Half-Term	Activities for 8-25 year old's
Christmas	0-25 year old's, siblings welcome at some activities

FREQUENTLY ASKED QUESTIONS

NEEDS OF CHILDREN & YOUNG PEOPLE

My young person needs 1:1 support. Can they take part in the programme?

Yes! Young people who require 1:1 support are more than welcome to attend the programme. The programme does not provide 1:1 support, so a PA or Parent Carer will need to attend the sessions to support.

Is the programme suitable for children/ young people that require 2:1 or 3:1 support?

The Healthy Lives programme is not suitable for children and young people requiring 2:1 or 3:1 support or where behaviours that challenge are likely to occur when activities or the environment are not highly personalised. For children and young people whose needs are so complex that a very individualised environment, activities and approach to support is required to avoid the young person becoming distressed, PaCC would suggest requesting a social care assessment to explore specialised support. If you need further information about this, please contact our Navigator Service.

My young person is on medication, can staff administer this?

Staff will not be able to administer any medication. If medication is required during a session, a PA or parent carer will need to administer it.

My young person has food allergies, will staff be made aware of this?

You are asked to give information of any allergies when you register. This information will be passed on to staff at sessions.

My young person struggles in new environments and with people they don't know. How will they be supported?

Staff supporting the activity will be provided with information of your child/ young person's needs prior to the session and we are happy to discuss prior to the session how your child/ young person can be best supported in a new environment- this information is also asked on the registration form.

FREQUENTLY ASKED QUESTIONS

CANCELLATIONS

If we book a session and cannot attend what do we need to do?

We ask for a minimum of 24 hours' notice if your young person is unable to attend to try and allocate the space to someone else. However, we do understand the difficulties Parent Carers face and how plans can change last minute. You will be provided with a contact number to notify us of any cancellations short notice.

Repeat failings to notify us if your child/ young person is unable to attend will impact future allocations. We will work with families wherever possible to accommodate changes to their availability, but we also need to ensure that sessions and funding are not wasted. Your help with this is very much appreciated.

COST

Is there any cost to participate in The Healthy Lives Programme?

To allow us to offer as many activities as possible, we ask for a contribution of £5 per child/ young person per activity they are attending, if this is affordable. This can be paid via PayPal.

FURTHER QUESTIONS?



If you still have questions after reading the information on our website and our Frequently Asked Questions, please email:

Info@paccshropshire.org.uk

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