



# Monthly Newsletter

May 2026

Welcome to PACC's monthly newsletter.

If you have any questions or require any further information, please email: [info@paccshropshire.org.uk](mailto:info@paccshropshire.org.uk)



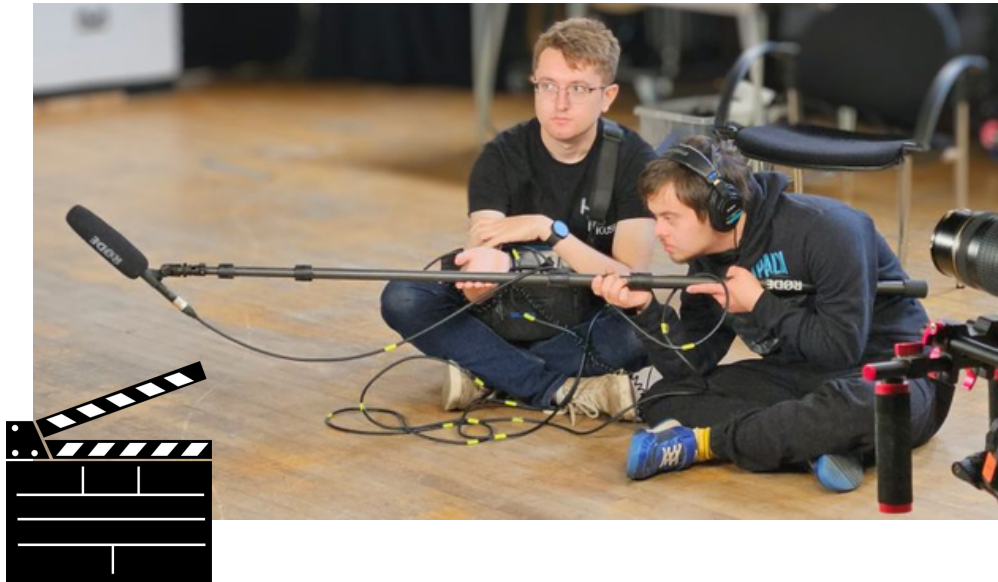
PACC- Facebook



PACC- Website



## The Spark



Last summer PACC worked with Rocking Horse Media to provide the chance for young people with SEND to create a short video about on a topic of their choice, as part of the Healthy Lives Summer programme. The young people learnt about script writing, acting, film and sound and produced a short film they called The Spark. This video is an authentic depiction of the way young people with SEND feel treated and viewed in today's society and how they feel that the majority of public spaces still do not adequately support their needs.

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## PACC's Annual Conference

### 'Exploring Support For Parent / Family Carers'

When: Monday 8<sup>th</sup> June- 9:30am-2:30pm  
Where: Shrewsbury Town Football Club

**This year PACC is holding its annual conference during Carers Week and are focusing on exploring what good support for Parent / Family Carers might look like.**



The conference will be opened by Rachel Wright, nurse, author and Director of Born at the Right Time and parent of neurodiverse and profoundly disabled sons. Rachel is a confident, engaging presenter who has appeared on television, local and national radio. She loves the power of people's stories and is passionate about amplifying the voices of others.

**In recognition of Carers Week there will be a focus at the conference on providing a supportive and relaxing atmosphere, with the offer of a wellbeing activity before a lunch and time to chat with friends.**

Full details are available on our Website!

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## How could your experience of Education be improved?

PACC are currently collecting feedback from Parent Carers and Family Carers of how they feel their experience of Education in Shropshire could be improved.

This can include anything relating to Education:

- Learning & Teaching
- Relationships & Communication
- SEND Support
- Mental Health & Wellbeing
- Inclusion & Belonging
- Transitions
- Decision Making

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# SHROPSHIRE SENDiass

Information, Advice and Support Service

## Monthly Information Session

Shropshire SENDIASS provides free, impartial, and confidential support to parents and carers of children aged 0 to 25, as well as young people aged 16 to 25, who have or may have special educational needs or disabilities (SEND).

Do you want to know more about Shropshire SENDiass and how they can support your family?

**When-**Tuesday 2<sup>nd</sup> June, 1pm-2pm  
**Where-** Teams

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## PACC 2025 /26 AGM Report



PACC's AGM was held on the 22nd May 2026 at Shropshire Wildlife Trust and was well attended, with 14 parent / family carers attending in person and 3 online. Everyone was welcomed to the meeting by Lucy Smith, one of PACC's Trustees and an overview of PACC's year was presented by Sarah Thomas and Abi Taylor, PACC's operational leads.

The discussion then looked to the future and the next steps for PACC. Lucy Smith provided an update on PACC's plans to move to being a Charitable Incorporated Organisation, giving it a legal identity in its own right, which will support future growth. PACC's aims and objectives will remain the same and it will continue to be a membership organisation, who's work is informed by the experiences of Shropshire parent and family carers.

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# Carers Week Activities

Join us to celebrate carers week with our free activity offer for Shropshire Parent Carers/ Family Carers.

<b>Monday 8<sup>th</sup> June</b> 9:30am-2:30pm (Shrewsbury)		<b>PACC's Annual Conference</b> - Join us for a day to think about what it means to be a Parent Carer and what the support Parent Carers need might look like.
<b>Tuesday 9<sup>th</sup> June</b> 9:30am (Market Drayton)		<b>Coffee, Chat and Connect</b> - We welcome Parent Carers to come and catch up with PACC, share your experiences and meet other Parent Carers
<b>Wednesday 10<sup>th</sup> June</b> 11:30am-1pm (Shrewsbury)		<b>Sound Experience</b> - Join Maria, a certified Sound Healing Practitioner to experience the deeply soothing and transformative power of sound.
<b>Thursday 11<sup>th</sup> June</b> 11am (2 options for location)		<b>A scenic walk</b> - walking can really support mental health by helping to reduce stress, ease anxiety, and lift mood.
<b>Friday 12<sup>th</sup> June</b> 10:30am (Wem)		<b>Clay reflective workshop</b> - Join Megan from Calmstream for a sensory, reflective workshop exploring "how I feel now" and "how I want to feel moving forward".

Full details will be provided via Email confirmation

If you would like more information, please email  
[Abi@paccshropshire.org.uk](mailto:Abi@paccshropshire.org.uk)



## Join Us at PACC's Carers Week Activities



Thanks to support from the National Lottery PACC are facilitating a number of activities for Parent Carers and Family Carers- these activities are free for Parent/ Family Carers of 0-25-year old's with SEND in Shropshire to access.

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The Healthy Lives Programme is PACC's Holiday offer. Healthy Lives offers a variety of activities to support physical and mental wellbeing, providing young people with SEND with opportunities to catch up with friends and be active.

It is about making community-based activities accessible to this group, bringing together activity providers into one co-ordinated programme that offers meaningful opportunities to learn new skills, build confidence, make friends and get active. Importantly it provides these opportunities during the school and college holidays, a time families tell us can be difficult, when young people miss their friends and routines, and Parent Carers sometimes struggle to balance the demands placed on them. It is not a holiday club however and children and young people must be accompanied by a family member or Personal Assistant.

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## Mental Capacity Guide

This guide has been created following feedback from families they there is a lack of information about Mental Capacity.

The purpose of this guide is to inform Parent/ Family Carers of the legislation, and options relating to Mental Capacity, Power of Attorney and Deputyship.

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## PACC PFA Guide

This guide has been created during PACC's PFA Navigator Service contract with feedback and themes collected through the Navigator service between 2022 and 2025.

The purpose of this guide is to inform Parent/ Family Carers of some of the options available for their Young Person in Shropshire. Each page will include introduction information with a QR code, which is also a click link if viewing online to access further information. We appreciate that this guide may not cover every subject relating to SEND and PFA, but have ensured we have covered as many areas as possible.

READ MORE



## Transition Guide

This guide has been created following feedback from families they there is a lack of information about transitions in education and the support available for childre/ young people.

READ MORE



## EHCP Consultation Guide

This guide has been created to inform families of legislation and the process for consultation where your child/ young person has an Education, Health and Care Plan.

READ MORE



Find more information and resources on our website!

READ MORE





# Surveys

PACC collect feedback from Parent Carers and Family Carers via surveys to inform and influence change within the system.

## Education, Health and Care Plans (EHCP)

You can provide feedback on your child/ young person's EHCP- including- Application Process, Annual Reviews, quality of plans and timeliness.



## Reasonable adjustments in Mainstream schools

PACC want to understand how Shropshire Schools are using Reasonable Adjustments to support children and young people with SEND and promoting inclusion in schools.



## Childcare for school-age children with SEND in Shropshire

PACC are currently collecting feedback about child care for children in Shropshire with SEND. The feedback from this survey will be shared with Shropshire Council to inform information on the Local Offer and identify any themes in feedback shared. All information shared will be anonymised.



## Improving Education Experiences

PACC are currently collecting feedback from Parent Carers and Family Carers of how they feel their experience of Education in Shropshire could be improved.



# SUMMER TERM SEND MEET & CHAT FAMILY DROP-IN

Hosted by Shropshire Early Help









**Do you care for a child or young person with Special Educational Needs and Disabilities (SEND)?**

These sessions are open to anyone supporting a child with SEND — whether you're a parent carer, family member, or professional.

Come along to ask questions, get practical advice, and connect with professionals who understand your journey

Speak with experts in:

-  EHCPs
-  School support
-  Health and wellbeing
-  Social care
-  Mental health
-  Navigating SEND challenges

Each session will have different professionals available, so come along, have a chat, and find the help you need.

## BRIDGNORTH LIBRARY

**Tuesday 19th May 2026**  
1:30pm-3:30pm

Bridgnorth Library,  
Listley Street, Town Centre,  
Bridgnorth, WV16 4AW

## SHREWSBURY THE LANTERN

**Tuesday 16th June 2026**  
10:00am-12:00pm

The Lantern,  
Meadow Farm drive, Shrewsbury,  
SY1 4NG

## OSWESTRY LIBRARY

**Thursday 2nd July 2026**  
13:00pm-15:00pm

Oswestry Library,  
Arthur Street, Oswestry,  
SY11 1JN



## HAVE YOUR SAY!

Scan the QR code to suggest topics and activities for future drop-in sessions.



## You can't make the right decisions without the right information!

Families deserve a real say in the **care** and **support** they receive—but too often, they're expected to **navigate** complex systems without clear, accessible **information**.

That's where we come in. PACC's **Community Navigator Service** provides the right information, at the right time, in the right way—so families can:

- ✓ **Understand their options**
- ✓ **Know where to go and who to speak to**
- ✓ **Understand how to navigate the Shropshire SEND System**

Because when families are informed, they're **empowered** to **shape support** that truly works for them.

"Abi signposted me to several different things that I didn't know anything about. Some for my children some for me. She has a vast knowledge of what our area offers and about the education system. Knowing she is an email away has been so helpful and reassuring."- **Parent Carer Feedback**



**Parent Carer  
Council**  
Shropshire

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## Join our mailing list

PACC send monthly newsletters, updates on SEND services, surveys, Information and Support offers.

# Activities

Activities around Shropshire- please note these activities are not affiliated with PACC.

## GRANGE GANG

Youth Club For Young People With Additional Needs Ages 11-25

### Activities

Activities include arts and craft, music, sports, cooking, pool, table tennis and much more

### Location

Meet every Friday during term time from 6.30-8.30pm at The Grange Youth Centre, Mount Pleasant Road, Shrewsbury SY1 3SW.



Support & friendship, led by Julie Brotherton- Professionally qualified Youth Worker

Tel - 07711 482500

[julieb.grangegang@outlook.co](mailto:julieb.grangegang@outlook.co)

Part funded by  
The National  
Lottery



Pokémon Mega Evolution Trail comes to Attingham Park

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# Character Day



Sat 23rd May 2026

Stay and play sessions for children with SEN aged 0-8 and their parents & carers



This special session is all about following your child's interests, with sensory play and activities inspired by their favourite characters, stories, and shows. Whether they love superheroes, princesses, animals, vehicles, or familiar TV favourites, we'll create playful invitations to explore that spark excitement, comfort, and connection through the things they already love.

By building activities around children's own interests, we help create a space that feels familiar, engaging, and safe - encouraging confidence, communication, and joyful play in their own unique way!



BOOK NOW!

alderford

# Aquapark SEN Sessions

EVERY OTHER SATURDAY AT  
11:30AM



## WREXHAM BRICK FESTIVAL

LEGO® DISPLAYS  
BUILD CHALLENGES  
RARE SETS  
ACTIVITIES  
LOOSE BRICKS

20<sup>TH</sup> JUNE

WREXHAM UNIVERSITY  
SPORTS CENTRE

MORE LEGO® THAN YOU CAN DREAM OF



# MAY

## HALF TERM OPENING HOURS

MONDAY	9.30-5
TUESDAY	9.30-5
SEN WEDNESDAY	9.30-5
THURSDAY	9.30-5
FRIDAY	9.30-5
SATURDAY	9.30-12
SEN SUNDAY	9.30-12

TIMED SESSIONS  
APPLY:

9.30-11.30,  
11.45-2.45,  
3-5

SEN ARE PLAY  
SESSIONS FOR  
CHILDREN WITH  
SPECIAL  
EDUCATIONAL NEEDS  
AND THEIR FAMILIES



\*BOOKING RECOMMENDED:  
[WWW.UKLITTLERASCALS.COM/EVENTS](http://WWW.UKLITTLERASCALS.COM/EVENTS)

## Pond Life

Location: The Cut Visitor Centre, 193 Abbey Foregate, Shrewsbury, Shropshire, SY2 6AH



## Identity Summer Camps

FRIDAY 29<sup>TH</sup> MAY  
(OPEN TO ALL AGES)

THURSDAY 30<sup>TH</sup> JULY  
(OPEN TO ALL AGES)

THURSDAY 20<sup>TH</sup> AUGUST  
(OPEN TO ALL AGES)

FRIDAY 21<sup>ST</sup> AUGUST  
(ADULTS ONLY 16+)

THURSDAY 27<sup>TH</sup> AUGUST  
(OPEN TO ALL AGES)

@IDENTITYSCHOOLOFDANCE  
UNIT 11, CASTLE BUSINESS PARK  
SY1 2EG

£35 PER DAY

SINGING, DANCING, DRAMA, MUSICAL THEATRE, KARAOKE, ARTS & CRAFTS,  
TALENT SHOW & MUCH MORE!

To reserve your space  
Email: [Enquiries.isod@outlook.com](mailto:Enquiries.isod@outlook.com)  
or contact via social media





Brick Building Fun at The Darwin



May Half Term Workshops at Shrewsbury Flaxmill Maltings

Activity



Children's Holiday Sewing Club at Abakan Shrewsbury



25

Monday 25 May 2026 from 17:00-20:00

**Pedal Out Together - supportive/social ride**

St Julians Crescent, Shrewsbury, SY1 1, United Kingdom

GOOD TIMES





# Summer of Music 2026

