



Shropshire, Telford & Wrekin
Integrated Care System

Community Mental Health Transformation

What does this mean in Shropshire, Telford & Wrekin?

What is Community Mental Health Transformation?

Community Mental Health Transformation will make services easier to access and use.

By everyone working together the aim is to make a real difference to people's overall wellbeing.



People will be able to access mental health care where and when they need it, and be able to move through the system easily.



Health, social care, the voluntary sector and local people, including those with experience of mental health services and their carers, are working together.



Care will go beyond symptoms and illness, offering hope and the opportunity to live as healthy and fulfilling a life as possible.



This is something that is happening across the country

This video explains more about what it means - click on the image, or go to <https://www.youtube.com/watch?v=8x-WxYcSBo8>

THE
NHS COMMUNITY MENTAL HEALTH
TRANSFORMATION
-
TIME TO MAKE A DIFFERENCE

The NHS logo, consisting of the letters 'NHS' in white, bold, sans-serif font, set against a blue rectangular background.

What improvements might this bring?

- ▶ Improved access to psychological therapies for those with Severe Mental Illness (SMI).
- ▶ Personalised, local support.
- ▶ More opportunities for self-management.
- ▶ A focus on recovery.
- ▶ More people with a Severe Mental Illness receiving physical health checks.
- ▶ More access to Individual Placement & Support (IPS).
- ▶ High quality services.
- ▶ Dedicated pathway for people with a Personality Disorder which reduces their needs for crisis services and inpatient stays.
- ▶ Improved access to eating disorder services.

Not sure what all these terms mean - check out the [jargon buster](https://stwics.org.uk/cmhtransformation) on our webpage <https://stwics.org.uk/cmhtransformation>



How can you help?

This diagram shows one way we think things might work. How can we make this happen in your area? Please help us to complete the picture.

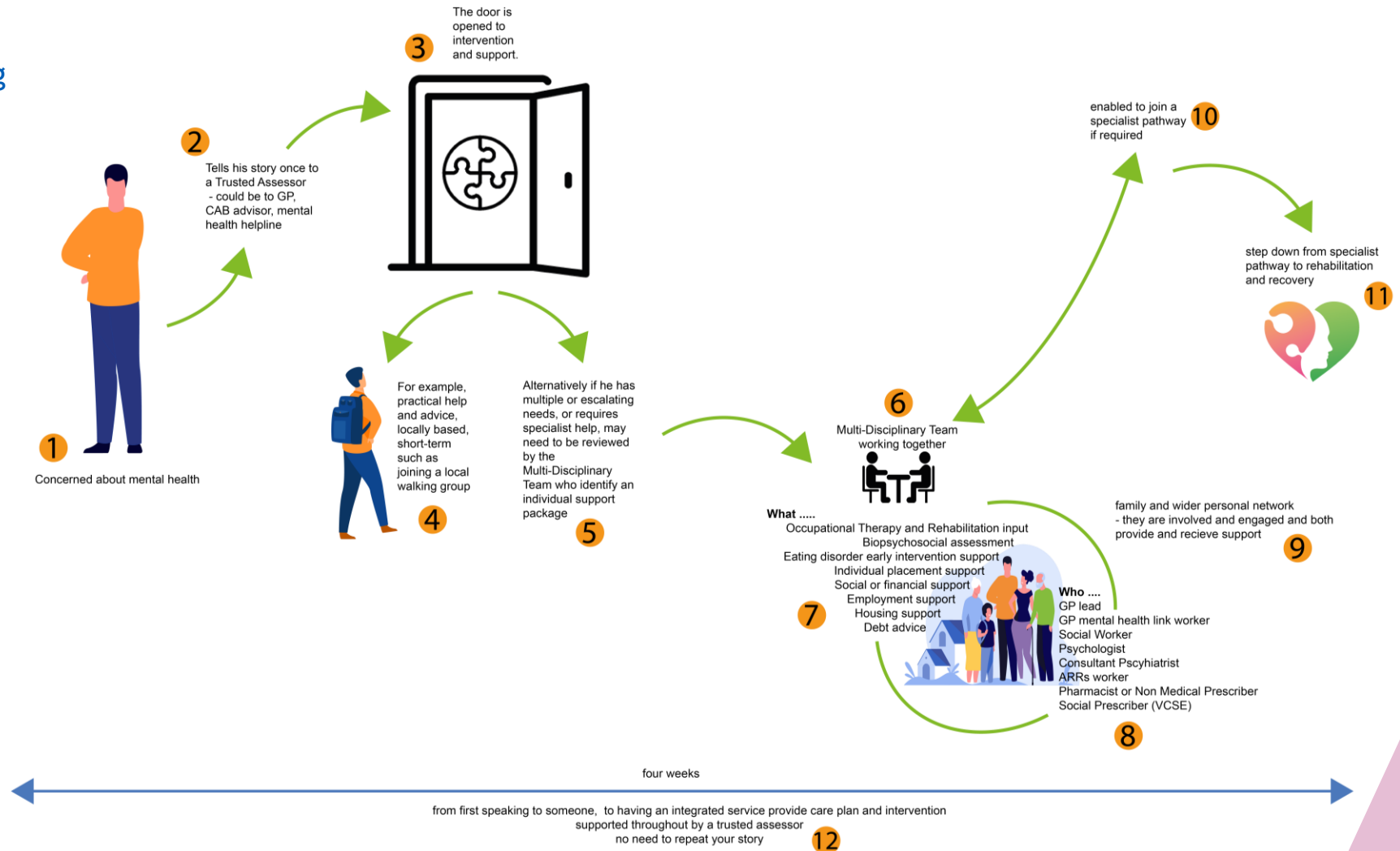
Can you add anything about local services?

Are there any other steps we need to include?

Does this picture describe a service you would like to use?

If not, how could we make it better?

Do you have any other comments about how community mental health services could work better for you, or in your local area?

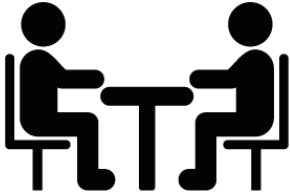


How else can you help?

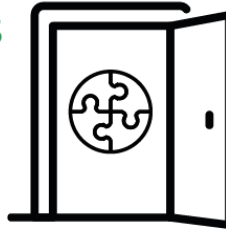
Community Mental Health Transformation

Shropshire,
Telford & Wrekin

everyone
working
together



making services
easier to access
and use



improving
overall
wellbeing



How can you get involved and help us improve local mental health services?

- be a voice for the people who use our services
- help design services that are easy to access and use
- help create clear and understandable information
- join a recruitment panel to help us find the best staff to provide care
- share your views and provide feedback

Want more information?

look on our web page; <https://stwics.org.uk/cmhtransformation>

or email; CMHTransformationSTW@mpft.nhs.uk



Lived Experience Workshop - Save the Date

Monday 4 April 2pm - 3.30pm

- ▶ Do you have lived experience of community mental health services? Are you interested in helping shape the future of local community mental health services?
- ▶ Join us in our virtual workshop to find out more about the transformation and ways in which you can be involved
- ▶ If you are interested in attending, please contact CMHTransformationSTW@mpft.nhs.uk

