

MY CHAT



TUESDAY
EVENINGS
7.30-9PM

Do you or a young person you know struggle to make friends and form relationships?

Do you find it tricky to know what to say in social situations?

Would you like to meet up with like minded people and have fun?!

Want to know more? Come and join us on Tuesday evenings or get in touch on the email address below.

SwanHillTrainingHub@gmail.com

Who are we?

We are two Speech and Language Therapist with many years experience in working with children, young people and adults with Autism, Learning Disability and mental health needs.

What are we offering?

We are looking to provide an opportunity in supported environment for young people to meet, form friendships and gain confidence in accessing social experiences.

We are extending the invitation to young people aged 15-18 and 19-25 years of age who may currently find social situations challenging. The aim is to have two separate groups to accommodate each age group.

What is involved?

This is an informal social group that we hope will be member led rather than a structured therapy session but we will be on hand to guide and support!

Feel free to bring a friend or family member along to find out what it's all about.

Sessions will cost: £5 per session

First meeting: Tuesday 7th November

Where?

Swan Hill Therapy & Training Hub, 2nd Floor, 5 Swan Hill Court, Shrewsbury. SY1 1NP

We are really looking forward to meeting you!

Heather Grainger and Ami Coleman