

Fun, friends and activities
for children and young
people with disabilities



Summer Edition 2018

Welcome to the Summer edition of 'All In'.



Keeping you posted

To make sure you keep up to date with any changes to the 'All In' programme and get to hear about new and exciting opportunities in the community subscribe on the Shropshire Council website.

Important Information

The Short Break opportunities in this activity programme are available to children and young people;

- Up to the age of 18,
- Who live in Shropshire,
- Who have a disability that prevents them from accessing mainstream activities without support,
- Who are a registered member of 'All In'.

By becoming a member of All-in, we can ensure that our Short Breaks reach the right families, children and young people.

Registration can be completed online <https://shropshire.gov.uk/the-send-local-offer/parentcarers/social-care/short-breaks-activities/> or by telephone 0345 6789021

Please note:

- **You must book onto the opportunities available. Providers reserve the right to turn people away if they have not booked.**

Unless otherwise stated please book onto an opportunity 7 days in advance.

- **The 'All In' programme provides different opportunities for children/young people with different needs. Some activities may not be suitable for every child/young person.**
- **Parents/Carers may be required to stay for the duration of the activity. Please discuss this with the provider when booking and also whether they are able to cater for the needs of your child/young person.**

Your child/young person may be able to access more opportunities when accompanied by a responsible adult or their familiar support worker.

- **All opportunities are subject to availability and eligibility.**

For further information about Short Breaks:

Telephone: **0345 6789021**

Email: **shortbreaks@shropshire.gov.uk**

Web: **<https://shropshire.gov.uk/the-send-local-offer/parentcarers/social-care/short-breaks-activities/>**



Please take a look at our new updated version of the Short Breaks Statement at <https://shropshire.gov.uk/media/8974/shropshire-statement-10-jan18.pdf>

Our Short Breaks Statement is for families and professionals who support or care for a disabled child under 18 years of age.

It explains:

- what short breaks for disabled children and young people are
- what kind of breaks are available
- who can have these types of short breaks
- how to access a short break

Our latest statement includes improvements resulting from feedback gathered in a survey in December 2017 that parents, carers and professionals supporting children with disabilities took part in.

If you would like to make any suggestions for improvements to the statement, please contact us via our Local Offer website.

<http://shropshire.gov.uk/forms/web-feedback?url=http://shropshire.gov.uk/the-send-local-offer/>

Saturday activity club

Action For Children provide a Saturday club for 'All In' members aged 4 to 18.

The sessions are suitable for children and young people with various needs and disabilities including those with more complex needs.

Sessions run weekly:

9th to 21st July • 8th September to 20th October

Location: Belle Vue Youth Club, Rocke Street, Shrewsbury, SY3 7PY

Date	Time	Activity	Age	Contact
Saturdays Term time only £5 per session payable in advance for all sessions	9.30am - 12.30pm	There is a wide variety of activities on offer which are child led: ball and sports games (football, cricket and basketball), arts & crafts, puzzles, board games, DVD's, toys, sensory and messy play. There will also be opportunities (weather and transport dependent) to local cinema and parks/walks.	4 - 11 years	For further information or to book a place 01743 285765.
	1.30pm - 4.30pm		12 - 18 years	
	1.30pm - 4.30pm	Independence workshops with changing themes including money skills, actual travel on public transport, road safety and time.	12 - 18 years	

Holiday playschemes Club

Action For Children provide a holiday club during every school holiday. The holiday club includes a variety of changing activities in different locations across the county including day trips.

The holiday club is available for children aged between 4 and 18 and is also suitable for children with more complex needs. Please contact Action For Children for further information, to discuss suitability for your child or to be added to their mailing list.



Please contact Debbie King on **01743 285765** or **Deborah.king@actionforchildren.org.uk**

Come and join the fun at Tickwood Farm near Much Wenlock where sessions around drama, stories and forest skills activities such as den building are offered.

There is also an accessible trail which the whole family can enjoy together after the session has finished.

Booking is essential: <https://bookwhen.com/ignitioncreate>



Location: Tickwood Farm, Wyke, Much Wenlock. TF13 6NZ

Date	Time	Activity	Age	Contact
Fortnightly on Saturdays (term time) £30 for the 5 week course or £8 per individual session	10am - 12pm	Woods Meets Words Outdoor storytelling and forest skills course for children with SEND aged 5-11. Each week uses a different story as a theme, and activities and forest skills are based on the events of the story. A snack and drink are provided for participants, and sessions conclude with free play in the forest. Siblings welcome.	5-11 years	For further information info@i-ignition.co.uk or visit www.bookwhen.com/ignitioncreate
	12.30 - 2.30pm	Moves 'Moves' is an exciting Movement and Drama course for young people with SEND aged 11-14. Participants will be working with professional artists to create original and exciting performances in the forest setting using movement and drama with a performance at the end of the 5 week course.	11-14 years	



Shrewsbury Town in the Community provides a changing variety of sessions each Friday during term time at the Montgomery Waters Meadow stadium in Shrewsbury.

A number of holiday club sessions are also offered during school holidays providing a longer session and the opportunity for the children and young people to try a wider range of activities.

Sessions are split into two groups to ensure that they are age appropriate.

A contribution of £2 towards the cost of Friday sessions and £7 for the holiday sessions is payable and places must be booked in advance.

Shrewsbury Town Football Club

Location: Montgomery Waters Meadow, Oteley Road, Shrewsbury, SY2 6ST

Date	Time	Activity	Age	Contact
6th July	4 – 5.30pm	Multi Sports	5 - 14 year olds	01743 289177 ext 239 community@ shrewsburytown. co.uk
13th July		Tennis		
20th July		Handball		
27th July		Netball		
3rd August	9am – 12pm	HOLIDAY CLUB		
17th August				
31st August				



Autism West Midlands will once again be offering their summer activity programme for young people aged 13-17 which will include a mixture of club based activities, personal development sessions and trips out.

- Personal development sessions will cover topics like autism and me, anxiety, self esteem and anger.
- Club based activities may include cooking, arts and craft and relaxation
- Trips out may include bowling, trampolining, climbing and local places of interest

NEW THIS YEAR we will be practising independent travel by using public transport for some of our trips out.

Location: Belle Vue Youth Club, Rocke Street, Shrewsbury. SY3 7PY

Date	Time	Cost	Age	Contact
Every Wednesday and Friday from 1st August to 31st August	11am-4pm	£7.50 per session <ul style="list-style-type: none"> • Sessions must be booked and paid in advance • A minimum of 5 sessions is required • Young people must be able to engage in activities independently 	13-17 years	wcowton@autismwestmidlands.org.uk 07900 784186

My family has seen a new and improved me as a result

I've made some good friends and I am still in touch with them

I feel more confident of most things now













I can control angry feelings better

Autism West Midlands offer other opportunities through the year such as family activities in school holidays. Please contact shropshire@autismwestmidlands.org.uk to join their mailing list.



Shropshire Youth Association 'Youth Zone' Are you Age 10-18th Birthday? Are you looking to join an existing friendly social group of young people from across the County? Are you ready to access something independent of parents and carers? If Yes, then this is for you!

DATE	EVENTS (transport provided from Bridgnorth & Shrewsbury included in cost)	Cost
Thursday 5 th April Evening session	Jungle Land indoor Centre, Telford, Get Active!	£5 
Wed 30 th May Full day	Theme Park Drayton Manor Fun with Friends	£20 
Thursday 28 th June Evening session	Jump in Trampoline park Keeping you healthy!	£5 
Thursday 26 th July Full day	Ironbridge Museum & Ice skating Enginuity or Blists Hill, you decide!	£10 
Wednesday 15 th August Evening session	Summer fun at the New Lodge You decide what you would like to do?	£5 
Thursday 23 rd August Full day	1 Game Bowling plus 1 Game Laser Quest 2 nd game bowling is an option if laser quest not suitable. Food included	£10
Sat 29 & Sun 30 th Sept Residential Beaudestert Park Cannock Woods	New Venue for this year! Warm cosy heated rooms and lots of new activities!	£35 
Fri 26 th October Full day	Halloween at Oswestry Iron works and Meal out! This is a planned PD day across the county.	£10 
Wed 28 th November Evening session	Evening session at the Lodge, Christmas has come early! games, gift making and foody fun!	£5
Sunday 9 th December	Panto @ Theatre Severn, Mother Goose!	£10 
Wed 30 th January Evening session	Chinese New Year! @ The New Lodge! Food Games Fun	£5 
Tues 19 th Feb Full day	Pool party & meal out	£10 
Wed March 13 th Evening session	Let's Party@ the Lodge	Free

Thank you for all the wonderful opportunities you have given our daughter over the past 7 years!

Without you her life would have been far less interesting and exciting!

Qualified Youth Workers, DBS, Safeguarding and 1st Aid trained
For more details and to obtain a booking form please contact
Di Phillips on 01743 730005 or e mail di@sya.org.uk

Location: Tickwood Farm, Wyke, Much Wenlock. TF13 6NZ



ONLY
£20 PER
NIGHT

Overnight stays available...

The cabin sleeps 4 and is situated in beautiful woodland surroundings near Much Wenlock. The cabin is fully accessible and offers the opportunity for families to spend time together in a relaxed and informal environment.

When staying at Llama Cabin you are welcome to explore the surrounding woodlands of the Tickwood Farm Estate or use it as a base to visit local attractions such as the Severn Valley Railway and the Ironbridge Gorge Museums.



For further information about overnight stays please contact **Pam Marshall** on **07929 795934** or email **llama@tickwood.co.uk**
www.tickwood.co.uk
www.tickwoodcarefarm.org



'Out and About' – holiday activities

Empathy for special children works across Shropshire providing support and social opportunity for those aged 0 - 18 years growing up with autism, associated conditions and additional needs and their families. All sessions are delivered and supported by trained and experienced playleaders and provide the opportunity for the whole family to enjoy time together and apart.

Out and About runs every week of every school holiday and allows families to enrich their school holidays through supported, fun and accessible days out with an empathic and supportive network of peers.

Please take a look on the website www.empathyforspecialchildren.org for further information.

Empathy also offer:

- Friendship Groups in Craven Arms, Oswestry and Telford offering a range of changing fun sessions for the whole family.
- 'Unleashed' – a holiday programme for young people to have fun and gain independence away from their carers and family.
- 'Social Sibs' – a group that meets for 2 hours each month in Craven Arms, Oswestry and Telford.
- 'Empower' – an outreach service to bring support, knowledge and confidence to parents and carers through monthly workshops, talks and online support.

For further information or to book a place:

- **Contact 07495 947987**
- **enquiries@empathyforspecialchildren.org**
- **www.empathyforspecialchildren.org**



Marches Family Network are a charity operating in Shropshire and surrounding areas. Through Short Breaks funding they are able to offer Saturday play days in Ludlow. A contribution of £20 towards the cost of each session is payable and participants must be a registered All In member.

A range of changing activities will be on offer each session both indoor and outdoor and can include cookery, music, drama, arts, crafts, games, sports, activity centres and more...

Location: Bitterley C of E Primary School, Ludlow. SY8 3HF

Date	Time	Activity	Age	Contact
22nd Sept	Saturdays (term time only) 10:30 to 3pm	Mickey Miller's	3 - 18 year olds	Becky Hemming 01568 614908 play@marchesfamilynetwork.org.uk
27th Oct		Swimming at Teme Leisure (to be confirmed)		
25th Nov		Winter Party		

Marches Family Network, through other funding secured outside of Shropshire Council, also offer opportunities (where spaces permit) to Shropshire Children at their Herefordshire clubs and activity sessions. Families need to provide their own transport to these activities and the standard service prices will apply.



Lower Bush Farm is a 40 acre farm between Ludlow and Bridgnorth.

The Farm has three Forest School sites and a wide range of animals. In the woods, children enjoy making dams, dens, climbing trees, running, making mud pies, swinging in hammocks and cooking over the fire. In the tools area children use saws, drills, etc. to make bird feeders, log reindeer, pencil holders, etc.

Each day the children help feed, groom, muck out and walk the animals which include, goats, pigs, rabbits, turtles, degus, rheas, poultry and peacocks.

Children will get wet and muddy splashing through the streams and woods so they will need to wear old clothes, waterproofs and welly boots.

* Siblings are welcome.

Location: Stoke St Milborough, Ludlow, SY8 2ES

Date	Time	Activity	Age	Contact
Sessions run every Tuesday and Thursday through the school holidays	9 - 4pm	<p>Sessions will be based on the group's interest and will include:</p> <ul style="list-style-type: none"> • Animal care (goats, pigs, poultry, rheas, horses). • Woodwork • Forest School • Archery • Outdoor pizza oven • Tractor / trailer rides • Animal care including goats, pigs, rabbits, horse, poultry and turtles • Growing vegetables in the poly tunnel and veg patch <p>£10 for the first child and £5 for siblings. Booking is essential</p>	Ages 8 and over	<p>For further information or to book a place: Rowanna 07734 295144 or Oliver 07817 666267 or email: lowerbush@gmail.com or visit www.lowerbush.co.uk</p>



Moving and Grooving

The Moving & Grooving Team continues to provide ongoing group support at the Sports Village Saturday Club and Cycling session.



"The support and encouragement provided, combined with the enthusiasm and understanding of my child's abilities has given my son a chance to join in games confidently!"

"The Moving and Grooving staff fully understand my child's disabilities, limitations and her unpredictable behaviour."

"The Leisure Staff have got more experienced as they spend more time with children with special needs."



London Road Sports Centre



London Road Sports Centre offer term time sports based fun and games sessions which are run by professional coaches experienced in delivering sessions to children and young people with a disability and will be supported by the London Road leisure staff.

A four week cycle of changing activities is offered and reviewed at the end of each term in consultation with those young people attending and their parent/carers.

* *Siblings are also welcome.*



Location: London Road, Shrewsbury, SY2 6PR

Date	Time	Activity	Age	Contact
Week 1	Wednesdays Term Time 4.30 to 6 pm	Table tennis and badminton	8-18 years	For further information or to book a place: 01743 342591
Week 2		Dodgeball and kick it cricket		
Week 3		Short tennis		
Week 4		Giant inflatable / fun and games		

'ALPHA' SWIMMING SESSIONS

Oswestry Swimming and Fitness Centre

Location: Shrewsbury Road, Oswestry, SY11 4QB

Date	Time	Activity	Age	Contact
Tuesdays	6-6.30pm	10 week block programme ASA Alpha Swimming Programme (£22.50 per block of 10)	7 - 16 year olds	For further information or to book a place: 0345 0007 006
Wednesdays				
Fridays				

The Quarry Swimming and Fitness Centre

Location: Priory Road, Shrewsbury, SY1 1RU

Date	Time	Activity	Age	Contact
Thursdays	4.30-5pm	10 week block programme ASA Alpha Swimming Programme (£22.50 per block of 10)	7 - 16 year olds	For further information or to book a place: 0345 0007 003

SEN - Swimming Club

This is a club for children that have participated in the 'Alpha'swimming lessons and will build on technique and confidence in the pool.

Each session is £2 and needs to be booked in advance.

Oswestry Swimming and Fitness Centre

Location: Shrewsbury Road, Oswestry, SY11 4QB

Date	Time	Activity	Age	Contact
Wednesdays	6 - 7pm	Swimming club £2 per session	7 - 16 year olds	For further information or to book a place: 0345 0007 006



The Quarry Swimming and Fitness Centre

Location: Priory Road, Shrewsbury, SY1 1RU

Date	Time	Activity	Age	Contact
Thursdays	5-6pm	Swimming club £2 per session	7 - 16 year olds	For further information or to book a place: 0345 0007 003

Shrewsbury Sports Village

Location: Sundorne Road, Sundorne, Shrewsbury, SY1 4RQ

Date	Time	Activity	Age	Contact
Saturdays Term time and school holidays	10-11am	Cycling club Use of adapted cycles £1 per session	8 - 16 year olds	For further information or to book a place: 0345 0007 002
Saturdays Term time and school holidays	11am - 12.30pm	Saturday Club £1.50 per session This club offers a wide range of changing activities such as cookery, arts & crafts, wall climbing, Zumba, pond dipping, treasure hunts, fun & games and a giant inflatable obstacle course		





Enjoy a wonderful afternoon of horse riding and pony activities in beautiful surroundings. The centre is based in the beautiful South Shropshire countryside, with rolling hills, fields, common land, and woodland tracks right on their doorstep.

It is based at Ginny Hole, a 27 acre site where there is a 20 x 40 foot outdoor arena, where they hold children's activities and regular lessons.

Sessions have limited places available so it is important that you book your place early.

A contribution towards the cost of this activity is required at £10 per session.

Sibling places may be available please check with provider

Country Treks Equestrian Centre

Location: Country Treks Equestrian Centre, The Old Vicarage, Stottesdon, Nr Cleobury Mortimer, Kidderminster, Worcestershire. DY14 8UH

Date	Time	Activity	Age	Contact
Sunday 1st July	2 to 3pm	<ul style="list-style-type: none">• Guided rides around the centre• Treasure hunts• Gymkhana games• Lessons/tuition• Pony play• Grooming, washing, painting hooves• Decorating ponies• Musical rides	6 - 16 year olds	Telephone: 01746 718436 Mobile: 07505 482040 Email: enquiries@horsetreks.co.uk
Sunday 8th July				
Sunday 15th July				
Sunday 22nd July				
Sunday 19th August	12.30 to 2pm	And more...		
Wednesday 31st October				
Sunday 23rd December				
Wednesday 20th February				

The Local Offer is your One Stop Shop for services and information relating to Special Educational Needs and Disability. This information is there to help you navigate your way through the world of SEND and to find the right help for you and your family.

Our service directory and information pages cover education, health, and social care, as well as community services and support, independent living skills, and local events and activities.

Search: **'Local Offer Shropshire'**

Visit: **www.shropshire.gov.uk/the-send-local-offer/**

Email: **local.offer@shropshire.gov.uk**

Call: **0345 678 9063** asking for 'Local Offer'



Visit: www.tnsfc.co.uk

Tel: 01691 684840



TNS all in Juniors



 **The Venue**



For 4-9 year olds

Fridays
5:30pm - 7pm

at The Venue

Clubs are run on alternating weeks

TNS all in



For 10-18 year olds

Fridays
6pm - 8pm

at The Venue

Clubs are run on alternating weeks



£3.50
per session

Fortnightly activity club for young people with additional needs, supported by multi sport coaches and specialist support workers

➤ Bowling ➤ Laser ➤ Sports ➤ Games ➤ Activities

For more information contact Naomi Stocker on naomi@gotothevenue.com.
Or visit www.shropshire.gov.uk for more information about the "All In" program.
Participants must be registered with Shropshire Disabled Children's Team.



