

# Supported Living Conference

25/11/21



Shropshire Council

Put Shropshire back into the Community



Shropshire Council

Consider the impact of our activities on the climate



Shropshire Council

Make digital the preferred way to work and transact



Shropshire Council

Focus on outcomes for customers



Shropshire Council

Make decisions based on current data and intelligence



Shropshire Council

Provide Value for Money



Shropshire Council

Operate as a single organisation



Shropshire Council

Continuously improve performance



Shropshire Council





Empower effective collaborations for positive change



Shropshire Council


Engage, empower and develop talented people

# Introducing Supported Living - *What is Supported Living?*

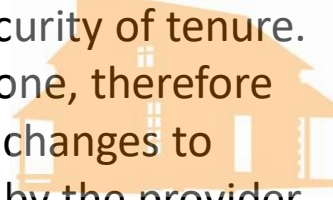
-  Supported Living is a service within your own home in the community designed to help with care and support needs to develop and maintain as much independence as possible.
-  If you live in supported living, you will have your own tenancy and are responsible for your own bills and cost of living.
-  You will have care and support delivered by a Registered Provider. This will be specific to your needs based upon the support you are assessed by a Social Care Practitioner or Social Worker to require under the Care Act (2014)
-  You must require access to 24-hour support to be eligible for Supported Living

# Introducing Supported Living – *Differences between Supported Living and Residential Care*

## **Supported Living**

- You will have your own home and a tenancy or license agreement
  - You will have the right to make choices around who provides care and support without leaving home without changing support arrangements
  - You are responsible for your own bills and cost of living
  - The opportunity to choose who you live with
  - Person centered package of care considering your individual wishes, hobbies and activities to maximise your independence
  - Access to benefits (E.g., Housing benefit, PIP)
  - Flexibility to see family as and when you wish
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## **Residential Care**

- You will have your own room, with no security of tenure.
  - Accommodation and care is provided as one, therefore there is often minimal flexibility to make changes to either arrangement. Bills are maintained by the provider.
  - Often, although people are usually well matched, there is no choice in who else you will live with
  - Support will often be focused upon the group setting and activities completed as a group
  - Reduced income, financial assessment will take all applicable income and leave you with a small personal allowance (currently £24.90)
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# Introducing Supported Living – *Care and Support*

We have recently undertaken a process to fully re-design how we commission care and support needs for adults with Learning Disabilities and Autism. The new accreditation process is called a Flexible Contracting Agreement (FCA).

Successfully accredited support providers are used by both Shropshire, Telford and Wrekin Local Authorities.

Once the individuals who wish to live together have been matched and the appropriate accommodation identified, the process for procuring the care and support will begin. This will involve the individual as much as possible and there are opportunities for individuals and families to ask questions to potential providers who have raised an interest in applying for the contract.

Individuals have a care package and tenancy within their own right, these are separate to allow freedom and flexibility for changes were required and appropriate.



# Introducing Supported Living - *Accommodation*

We work directly with our Registered Social Landlords (RSLs) once there is an identified need for accommodation in a specific location to ascertain if they are in a position to acquire the property. When a property is acquired;

- Individuals will have a tenancy or licence agreement within their own right. A tenancy agreement, or licence, is a contract between you and your landlord
- In Supported Living, the tenancy and care are separate, therefore meaning that if the support provider changes, the tenancy remains unaffected. The agreement gives you the right to remain your home, as long as the agreement conditions are not broken.
- The agreement requires formally signing. There are occasions where the Mental Capacity Act (2005) may need to be considered. If an individual is unable to consent to the tenancy or licence agreement, it is the expectation that there will be an appropriate representative in place to support with this.



# Introducing Supported Living - *Funding*

- **Accommodation** – *An application can be completed for financial support that is required as soon as a move in date is agreed. The application is to be made to either Housing Benefit or Universal Credit based upon who the Registered Social Landlord is. Some RSL's will provide accommodation for individuals with specific needs and adaptations, and will come under the description of 'Specialist Supported Living Accommodation' and applicants can apply through the Shropshire Council Housing Benefit process, which will consider applications at a higher rent level due to the level of need.*
- **Council Tax** – *You are responsible for this cost; however, you may be eligible for a discount.*
- **Package of Care** – *Assessed for by a Social Worker or Social Care Practitioner. Individual to pay a contribution towards the cost of the care unless over the threshold of £23,250 in individual savings, this is calculated by the financial assessments team. Care is funded by Adult Social Care.*
- **Food** – *Individual costs (you are responsible for this)*

**Water, Utilities, Household Costs, Maintenance, Service Charges and Running Costs** – *You are responsible for these costs as a member of the household*



# The Shropshire Way – Facts, Figures, Data

98



occupied properties for Supported Living in Shropshire

194



individuals live in these properties and have tenancies and support within their own right.

37



Is the average age of individuals waiting for accommodation and there is an age range of 18 – 79 years of individuals currently living in Supported Living

## Care

21



accredited providers who can deliver care and support under the Flexible Contracting Arrangements

17



of these have been accredited to provide care for individuals with complex needs

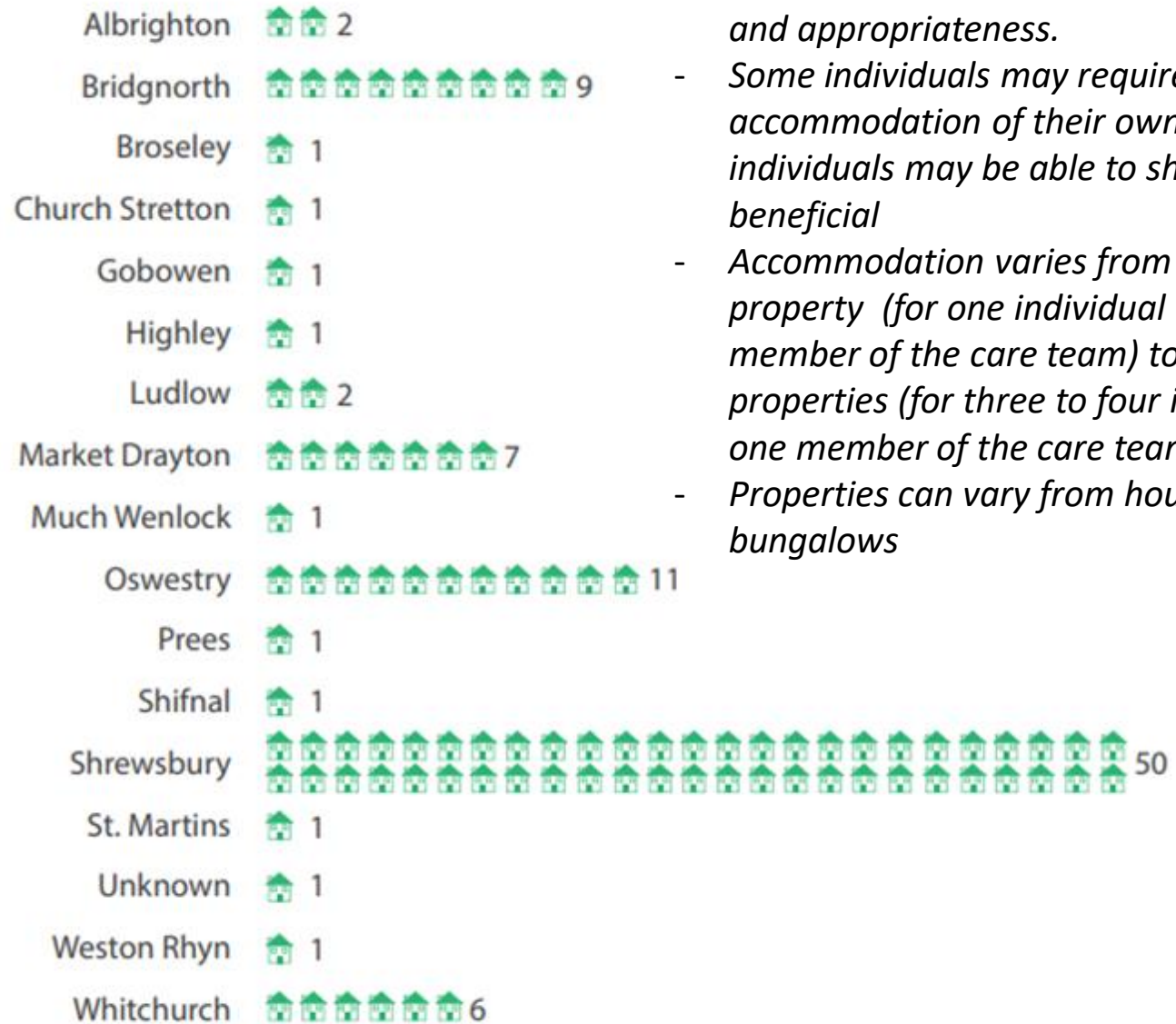
12



of these have been accredited to provide care for individuals with forensic needs



# The Shropshire Way – Where are our properties located?



## Types of properties

- Accommodation is varied according to needs and appropriateness.
- Some individuals may require accommodation of their own, some individuals may be able to share and find this beneficial
- Accommodation varies from a 2 bedroom property (for one individual and one member of the care team) to 3 or 4 bedroom properties (for three to four individuals and one member of the care team)
- Properties can vary from houses to bungalows

Data up-to-date as of July 2021



# The Shropshire Way - Assistive Technology Project

- The project was designed to develop and implement the use of advanced Assistive Technologies across the Supported Living schemes, in a bid to increase levels of independence, facilitate learning, manage risks and reduce the dependency on paid support.
- Screening discussions were held with the care providers and practitioners to establish the individuals level of need, their tech ability and their willingness to respond to the use of tech as part of their daily routines.
- Implementations began towards the end of last year and to date, we have 65 individuals in the project & in receipt of assistive technology.
- The following items of tech have been identified for use across the project:
  - ✓ GrandCare – to manage prompting, set reminders and provide structure. Also incorporates video calling for remote support and to maintain social connections
  - ✓ AutonoMe learning app – to support the development of new and existing skills
  - ✓ Abilia – to manage basic level prompts and reminders
  - ✓ Brain in Hand – to support individuals by creating coping strategies

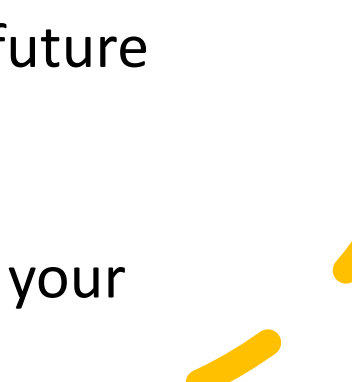
## Focused areas of need:

- Daily living
- Learning
- Risks
- Independence



# The Shropshire Way – Process

## 6 Stages:

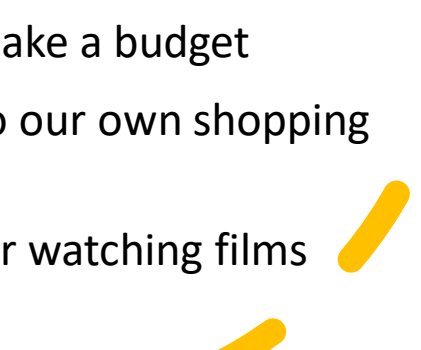
1. Eligibility, Assessment & Planning – identifying your needs and planning for the future.
  2. Matching Process – Who you choose to live with
  3. Sourcing Accommodation – Type of property and where you would like it to be
  4. Individual Planning – Planning your support
  5. Group Planning – Shared services and future planning
  6. Transition – Getting to know care staff, your housemates and moving in!
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# The Shropshire Way – Case Studies

## Before we moved in

- We spoke to our parents and social worker and said we would like to live more independently
- Our social worker found us a big house, where we each have our own room
- We met each other several times before we moved in
- We met at the house a few times to decide which bedroom we wanted
- We met our support staff who would be living with us
- We discussed important things like money and the type of house we needed
- We talked about the skills we would need to live alone, such as managing our money, and who would do the cooking and cleaning

## When we moved in


- Once we had moved in, we were supported to make a cleaning rota so we each have a share of the chores
  - We talked about money, and we were supported to make a budget
  - We talked about shopping and how we would each do our own shopping and cooking
  - We spend time together as a family, eating together or watching films
  - We are thinking about turning the garage into a gym!
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# The Shropshire Way – Case Studies

## What do we do for fun?

- Going to the gym
- Walking
- Swimming
- Horse riding
- Volunteer and paid work
- Dancing
- Making Tik-Toks
- Having family night, with a takeout
- Volunteering with Osnosh, and cooking meals to donate
- Going to the pub
- Getting involved with the support staff to make videos and Tik-Toks
- Sports, such as badminton
- Gaming
- Listening to music
- Cooking for each other

## What do we do when we need some alone time?

- Go for a walk
  - Go to the pub
  - Doing activities alone, such as the gym or swimming
  - Sit in my room and listen to music / watch a film
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# Final Questions

## **Is this the right approach for you? We can help you to**

- *Explore this opportunity, and your parents or carers, and discuss this type of housing with other people in supported living*
- *Discuss with your Social Care Worker for advice and guidance*
- *Online research*
- *Next Steps Project*

## **Who will you live with?**

- *Individuals you agree to live with. This may be individuals you have already chosen with similar needs or individuals you have got to know through the matching process.*

## **Where will you live?**

- *In a location of your choice, where you have networks and established relationships*

## **Who will provide support?**

- *Care and support is tendered under the Flexible Contracting Arrangements (FCA) to source the support provider.*