



Introducing Supported Living Housing the Shropshire approach to independent Living



Shropshire Demographics

People aged 18-64 predicted to have moderate or severe learning disability and be living with parents, by age, predicted to 2035

| Age | 2019 | 2020 | 2025 | 2030 | 2035 |
|-----------------------------|------|------|------|------|------|
| 18-24 | 86 | 84 | 81 | 88 | 87 |
| 25-34 | 94 | 94 | 88 | 82 | 83 |
| 35-44 | 81 | 81 | 87 | 89 | 86 |
| 45-54 | 54 | 53 | 46 | 46 | 49 |
| 55-64 | 21 | 21 | 22 | 20 | 18 |
| Total population aged 18-64 | 336 | 332 | 325 | 325 | 323 |

Current Situation and future plans

Shropshire Council has a strong focus on providing opportunities for people with disabilities to live independently, and the commissioning of supported living accommodation aims to reduce the number of placements into residential care and support families with the right move for their adult child.

Individuals may be living with parents, have been at risk of going into residential care; they may be in temporary placement, they could be in a position of risk in the community or they could be coming out of educational residential placements or hospital. Whatever the situation the Supported Living Team aims to build support around each individual's needs and strengths and help them find the right home for them in the community.

We continue to develop the supported living opportunities for individuals regardless of their disability, Currently the majority of our supported living arrangements are for individuals with a learning disability, with a few schemes commissioned for individuals with mental health needs. The below demographics demonstrate the potential increased need to provide supported living accommodation in Shropshire in the future.

| Age | 2019 | 2020 | 2025 | 2030 | 2035 |
|-----------------------------|------|------|------|------|------|
| 18-24 | 130 | 126 | 121 | 131 | 131 |
| 25-34 | 182 | 182 | 172 | 159 | 160 |
| 35-44 | 207 | 209 | 223 | 229 | 221 |
| 45-54 | 240 | 234 | 206 | 201 | 215 |
| 55-64 | 227 | 233 | 250 | 235 | 208 |
| Total population aged 18-64 | 986 | 983 | 973 | 955 | 936 |

shropshire Demographics

People aged 18-64 predicted to have a moderate or severe learning disability, and hence likely to be in receipt of services by age

We currently have **189** individuals in **100** supported living schemes across Shropshire and over the next 18 months we are looking to commission an additional **29** properties for **93** individuals. We are keen to develop core and cluster schemes, where we are able to provide individuals tenancies in 1 bedroomed flats, whilst in the same location as 4 or 5 beds schemes supporting individuals with more complex needs, enabling care providers to offer an outreach service to the more independent schemes. We are also aware of the need to commission more large houses in the community supporting up to 5 individuals. These larger schemes work well as there is a broader mix of individuals to share support and common interests, therefore increasing their social opportunities and independence where possible.

As part of the development of our supported living offer, and in addition to the above schemes, we plan to:

- Further develop the supported living schemes available for individuals with mental health needs. We are beginning to work closely with our colleagues and other Stake Holders in order to demonstrate the demand for these services.
 - Review the way we contract with care providers on our supported living framework to offer increased flexibility and continuity of service for individuals.
 - Significantly Increase the use of assistive and digital technology that can be embedded into new homes from the onset. We wish to work closely with Supported Living care and registered housing providers (RP's) to consider increased use of technology to enable us to offer more independence to individuals in their own homes and see them requiring reduced levels of support in the future where appropriate. WE are also exploring further advances in digital technology that can be incorporated into housing development to create SMART homes

Supported Living Homes

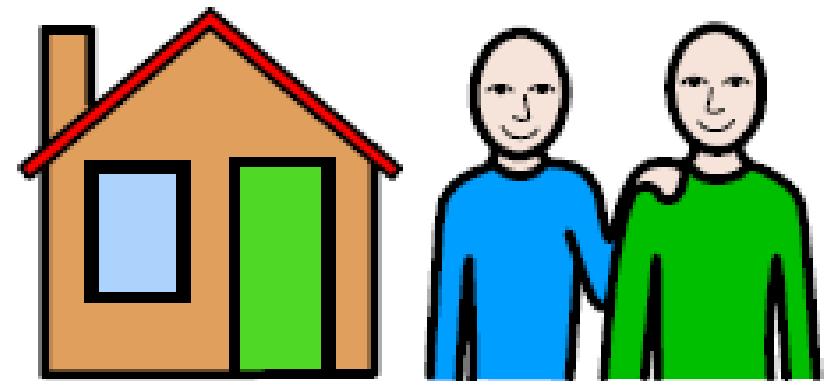
A property commissioned by Shropshire Council where housing, support, and care services, are put together to create a home in the right place for the right people

They will be designed for people who need full support to live independently and will be designed to help people build the emotional and practical skills needed for their wellbeing

The homes can be

Smaller Homes for single individuals who are not able to share

Larger Homes for a group of individuals that are happy to share together



Supported Living Homes - Purpose

The aim of Supported Living is for people to have more choice and control

- To enable people to live as independently as possible in the community
- To support social involvement and community inclusion
- To give support that is right and unique to the person
- To ensure that staff have the right skills to see the world through the eyes of the person they support



What it means for you –

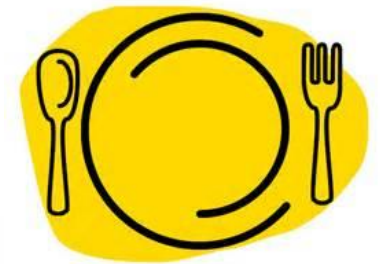
- I choose who I live with
- I choose where I live
- I have my own home
- I choose how I am supported
- I choose who supports me
- I get good support
- I choose my friends and relationships
- I choose how to be healthy and safe
- I choose how to take part in my community
- I have the same rights and responsibilities as others
- I get help to make changes in my life if I need it

Support

Support available depends on a person's needs and can include:

- help with getting benefits and budgeting
- developing independent living skills, such as how to cope in a crisis
- encouragement to reconnect with family and friends, or develop new social networks
- assistance in taking up education, training & employment opportunities
- support with personal care and meal preparation
- support with keeping safe
- using specific positive behaviour training for people with high needs

Keeping People Safe



Tony's Story

this as he is delighted with his supported living home

Tony gave us permission to show you



Tony's Story

2015



My name is Tony.
I used to live with lots other people
in a home.
I had been there for a long time.
I was ok.



I had the chance to move into
my own home.
I had lots of support to help me
choose if I wanted to move.
I met the new staff, they are nice.

Tony had support from his
social worker
and independent advocacy.

Tony's Story

November 2015



Tony's Moving day!


I have lots of photos from the day I moved.
Staff from my old home helped me move.
I was not sad.
I was excited.
I got a big welcome when I got to....

My new Home.

I feel happy here.
The staff are nice.
The man I live with is friendly and kind.
We like music and being DJs.

2016

Tony's new Life



Feeling at home

My hobbies

My town

Tony's Story

Tony's new things 2016



I am doing lots of new things.
I really like going to Fordhall.
I like doing things all the time.
Everyone says I have lots of energy!

News skills-Fordhall Farm

Projects-allotment



This is what it looks like now.
Bob and I have big plans!



This is my home.
I am happy living here.
It's The Palace!

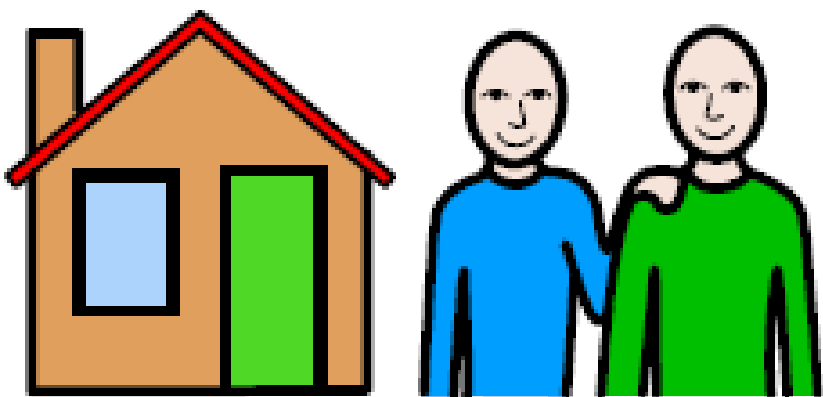
... How can we help?

- Start to have the conversation - arrange Care Act Assessment with the person, social worker, family and others where necessary
- Discuss the advantages of supported living
- Identify a suitable property according to availability, a person's needs & wishes
- Discuss how support & housing will be planned together - work to make complexities of benefit system, various regulations and funding streams clearly understood



... How can we help?

- Help you plan what accommodation needs you have
- Consider the support that is required from care providers and if necessary discuss any training needed to appropriately manage more complex needs
- Put in careful risk management plans where necessary
- Monitor progress - the honeymoon period & beyond



Communicate Communicate Communicate

Upfront planning with families, carers and occupiers can make a world of difference

My Home

A safe, secure home with opportunities in the community I want to be involved in

