



Shropshire Parent and Carer Council Monthly Newsletter

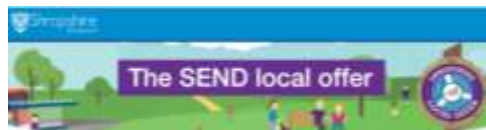
April 2023

Welcome to the April edition of PACC's monthly newsletter. If you have any questions or require any further information, please email

info@paccshropshire.org.uk



Feedback on the Local Offer Newsletter



Shropshire SEND Newsletter March 2023

Welcome to the latest edition of Shropshire's SEND newsletter, co-produced by Shropshire Council's SEND Local Offer, PACC (Parent Carer Council) and NHS Shropshire and Telford and Wrekin.

The newsletter aims to provide easy access to key information for SEND families.

Please do continue to provide feedback on this newsletter, we want this to work for you and we are keen to hear what you think of it, and what articles you'd like to see in future editions. You can email us your thoughts at Local.Offer@Shropshire.gov.uk



As well as producing a PACC monthly newsletter, PACC also coproduce the Shropshire SEND Newsletter with Shropshire Council and the local health Integrated Care Partnership to provide information about events, activities and support services to the Shropshire SEND Community.

We are currently collecting feedback on this newsletter so we can ensure that it is helpful and providing the information that you need.





Shrewsability Fun Run



Shrewsbury Town in the Community held their Shrewsability fun run again this year. This year, the event was held on Foundation Day at Shrewsbury Town Football Club. Shrewsbury Town FC Foundation offers opportunities for disabled young people to participate in sport, to build friendships and to have fun, which are very important and valued.

A huge congratulations to all of those that took part from Buddies Social Network, who raised over £1000 by walking, wheeling, and even dancing to the finish line!



SEND Cricket Camps

The cricket camps are held at Shelton club which is designated one of the Shropshire disability cricket hubs. The new club house will be used as the camp base, providing some indoor space and toilets.

Shropshire Homes Pavillion, 27 The Furlongs, Leighton Park, Shrewsbury SY3 5FU

The day will involve a range of activities and games to develop ball skills in a fun way. The afternoon session will offer the opportunity to play short cricket matches to test out the skills learnt.

Cricket Shropshire are keen to support young people with SEND to join them and to learn new skills, make friends and have fun.

The first camp is at Spring half-term on the 2nd June and is open to All In members 12 plus and Actio members who are 18plus. Dependant on age it is also possible for siblings to attend.





SEND Cricket Camps

If you have learning difficulties, physical, visual or hearing impairment, or are a parent/carer of someone that does and are interested in getting involved with cricket, please get in touch and come and give it a go.

SHELTON CC - OUTDOOR SESSIONS
Shropshire Homes Pavillion,
27 The Furlongs, Leighton Park,
SY3 5FU

for 12-17-year-olds
FRIDAY 14th APRIL
FRIDAY 2nd JUNE
FRIDAY 4th AUGUST
FRIDAY 18th AUGUST
All 9.30am-3.30pm
Free of charge

CRICKET SHROPSHIRE

Contact Sacha Lee via
sacha.lee@shropshirecricketboard.co.uk

To BOOK: <https://forms.gle/yfycqetWtXFXubLZ8>
or use the QR code on the right



Find out more





Identity School of Dance



A huge congratulations to Opal from Identity School of Dance who won an award for Enhancing the Life and Wellbeing of Young People in the Area.

Identity School of Dance offer weekly dance and musical theatre classes for children and young adults with special educational needs and disabilities. All teachers at Identity are Makaton and first aid trained. Identity Dance gives children and young people a chance to find their inner dancer, whilst being part of a team, forming new friendships and having a sense of belonging.

PACC spoke to young people who are part Identity and their Parent Carers and asked them what being part of Identity School of Dance means to them:

"I like going to Identity Dance because it is all about dancing, singing, and acting. It is good that all my friends go too, and I make new friends. It makes me feel happy, it is enjoyable and lots of fun."

"Opal makes it fun to dance, she always congratulates us when we do well. She says nice things like well done, that was great and good job. She is kind and fun loving."

"I get to work as part of a team, I am excited to go to lessons each week and it makes me feel happy. I get to see my friends, I like it when we do competitions, they are incredible and make me feel proud. Opal is very supportive and caring. If I find anything difficult then Opal talks to us and helps us. She is a really good dance teacher."

"Going to Identity means I get to see my girlfriend and dance, which I love. Opal makes it fun."

"Being part of ID has been great for Owen. It means he can be active, meet up with his friends and get to know new people, while doing something that he loves. The performances have helped to motivate Owen and he is very proud of what he has achieved with ID. Performing on the stage at Theatre Severn was a particular highlight for him."



As well as weekly dance sessions and holiday camps, Identity also gives children and young people the opportunity to compete in mainstream dance competitions and be part of Identity Shows!

[Find out more](#)

Activities for Children and Young People





Identity school of dance

Inclusive dance school for children & adults with special educational needs & disabilities based in Shrewsbury, Shropshire

TIMETABLE

Tuesday

- 5pm-5.45pm Mini Street dance (5+)
- 5.45-6.30pm Young Adults Street dance (14+)
- 6.30-7.30pm Contemporary dance (14+)
- 7.30-8.30pm Senior Street dance (16+)

Thursday

- 5-6pm Mini's Musical Theatre (5+)
- 6-7pm Senior Musical Theatre (14+)
- 7-8pm Limitless MEGA CREW training (16+)

COMING SOON

New exciting classes & much more!
keep an eye out on our social media pages

 Identity_schoolofdance
  Identityschoolofdance

Now enrolling new students
Email: Enquiries.isod@outlook.com

www.Identityschoolofdance.com

KIDS

SUNDAY SEN SESSION

9.30AM-12PM

£4

PER CHILD

EXCLUSIVE FOR SEN CHILDREN AND THEIR FAMILIES



WWW.UKLITTLERASCALS.COM - 07501855387



Term-Time Activities

These activities take place throughout the school term time or regularly throughout the year. Please click on the arrow to find out more about each opportunity. The extra information provided on their dedicated page will include details about what happens in the activities, how you can book to participate, what facilities they have on site, and what needs they can cater for best. If you are unsure if your child's needs can be met, or if the opportunity may be of interest to them, please contact the providers to talk about this further as they may be able to help.



SHROPSHIRE Music Service
M Macclesfield Academy Trust
Covvier Centre
The Holy Saints
Shropshire Community Leisure Trust Ltd
Country Treks Equestrian
The ECB

INCLUSIVE GROUP

Multi-Activity Inclusive Sessions



ACTIVITIES INCLUDING BOWLS, CYCLING, GYM, SPORTS & MORE!

TUESDAY 10AM - 12PM
TUESDAY 1PM - 3PM
WEDNESDAY 10AM-12PM
THURSDAY 10:30AM-12:30PM
£4.50 PER SESSION

SHREWSBURY SPORTS VILLAGE, SY1 4RQ 0345 000 7002

PEDAL FOR HEALTH

Inclusive Cycling Session



PROCEEDS BY CYCLE-CAFE AT 12PM-1PM with cycling4all shropshire

EVERY WEDNESDAY
1PM - 3PM
£4.50 PER SESSION

SHREWSBURY SPORTS VILLAGE, SY1 4RQ 0345 000 7002

If there is an activity your young person attends, please get in touch for us to share this on our monthly newsletter!



My Aspirations



Cherry Lodge

“There is fantastic evidence of how working with nature helps broaden horizons for people of any age, and with our experience in helping each person as an individual, we feel that access to a low environmental impact, ground up, sensitive and community embraced project would benefit everyone involved.

Our idea is to nurture the field space at Conover Airfield into a natural resource which will mature into a haven for nature with different sections with produce, flowers, orchard, and seasonal themed nature areas. Cherry Lodge, opening early Summer 2023, will be open to individuals with physical and learning disabilities from 16+.”

Floreat Centre



Combining sport with education to offer alternative learning pathways for people with disabilities, incorporating fully inclusive learning platforms for all.

Based at Shrewsbury Town Football Club, the opportunity will consist of physical activity, pastoral care, well-being and educational sessions, five days a week across the year.

Our dedicated 2000ft² Floreat Centre building, consists of classrooms, social spaces, a cafe, and fully accessible facilities providing an engaging learning space for all.

Curriculum consisting of:

- Social interaction and mentoring
- Accredited qualifications
- Sports qualifications (non accredited)
- Health and well-being
- Duke of Edinburgh



For further information or if you have any questions, please contact Olivia Ritchie – My Aspirations First Point Of Contact And Client Liaison – 07398270736 or email olivia.ritchie@care-excellence.co.uk

Healthy Lives Programme 2023



HEALTHY LIVES PROGRAMME



Following the success of last year's programme, PACC are very excited to share that The Healthy Lives Programme will be running again this year!

More information coming soon!



The programme will be available to 14 – 25-year-olds and there will be a range of activities offered throughout the summer. We are currently making the final tweaks to the activity programme, but we are asking you to register your interest in the programme now. Those families who register will then be contacted directly to have individual conversations about support needs and to help you book your preferred activities. The programme cannot provide 1:1 but some additional support will be available and if a young person has an existing support worker they are welcome to attend. If 1:1 support is needed to support participation we will work with families to explore how this can be provided.

This year, the programme will also have a number of all age family activities.

To register an interest in the programme, please follow the link. More information on our all-age family activities will follow soon! Please make sure you are following our Facebook page for up-to-date information!

[REGISTER NOW](#)

Useful Resources

(Click image to load website)



IPSEA
Independent Provider of Special Education Advice

empathy
for special children



A4U
Action
Advice
Advocacy



Being Me

Each month we will be shining a spotlight on a young person in our SEND community. If your young person would like to share their story with us, please contact Abi@paccshropshire.org.uk



This month meet Ellie.

Ellie is 23 and is a familiar face to many in the SEND community! Her can-do, positive attitude, love of dance, animals and socialising means Ellie has a very busy life! Ellie has 2 jobs, a full activity plan including dance, art sessions and the gym. Ellie is part of Buddies Social Network and does lots of activities with her friends.

Ellie recently took part in the 5K Shrewsbury Colour Run: “I did the fun run and it was fun, amazing and colourful. I got sprayed with colour powder and I won a medal!”

Ellie lives in Supported Living and loves days out with her friends: “I went to Chester Zoo and saw loads of animals. My favourite animals were the Elephants! I walked 13,349 steps and I took lots of photos! I enjoyed everything and loved the scenery.”



“I work at Palmers Café as a waitress. I clean the tables and I take orders to the hatch for food to be made and served. I put the cake on plates with a fork.”

“I work as a volunteer at Exotic Zoo in Telford. I help mucking out, I also do public speaking. I love being part of the team, it feels like family.”



Meet the Team

This month meet Denise Glover, one of PACC's Preparation for Adulthood (PFA) Navigators.



Denise has been part of the PACC team for 2 years as a Parent rep and is now one of our Preparation for Adulthood navigators.

Denise has previously worked as a nurse, a family support organiser and a SEN teaching assistant.

Denise is a parent carer to 3 daughters:

- Niamh has ME and Fibromyalgia
- Cari has Down Syndrome
 - Attended mainstream primary and secondary school
 - Now attends College
 - Has a voluntary placement
 - Attending Day Opportunities
 - Has a very busy activity plan and attends numerous dance groups

Preparation for Adulthood



What is Preparation for Adulthood (PFA)?

Our early life experiences help us to prepare for life as an adult and this should be recognised as early as possible, although there is an expectation that Young People with SEND focus on PFA from Year 9.

Conversations about a young person's future should involve themselves, their parent carers, their teachers and anyone else who works with them.

What areas does PFA cover?

PFA covers all areas of your Young Person's life that will enable them to have the best outcomes as they enter adulthood, including:

- Further education
- Activity Plans
- Finances and Benefits
- Employment and Volunteering
- Annual Health Checks
- Staying Healthy
- Being Part of the local community



How does our PFA journey start?

Planning for transition into adulthood should start from the Year 9 annual review of the EHC plan. Each review thereafter must focus on preparing for adulthood- including the move between children's and adults services outside of education.

The transition towards adulthood review from Year 9 will start to gather information regarding the young persons and their families' aspirations for their future, including who needs to be involved, target planning and the support needed. The review will explore provision accessible to students in order for them to be healthy, participating in society, living independently, and accessing further education and/or employment where appropriate.

For more information, please contact our PFA Navigators



Abi@paccshropshire.org.uk
Denise@paccshropshire.org.uk



INCLUSIVE LEARNING ADVICE EVENING

FIND OUT ABOUT OUR GREAT RANGE OF COURSES

Meet our teachers, pastoral care teams and **Shropshire Parent and Carer Council's Preparation for Adulthood Navigators** for an informal chat and coffee.

Discover more about how we help our students **achieve** and **progress** in a nurturing environment with **wrap-around support**.

Tuesday 23 May, 5.00-6.30pm
London Road Campus, SY2 6PR

SHREWSBURY
COLLEGES GROUP

Book Your Place at
shrews.co/InclusiveLearningAE

