Shropshire Parent & Carer Council Annual Report 2017

Delivering Information, Support, Influence and Change Together





Welcome

Welcome to all Shropshire parent carers and to practitioners who work with children and young people with special educational needs or disabilities and their families.

PACC is an independent, parent carer led organisation. All our members and our management board are Shropshire parents carers who have a child with a disability or additional need, aged 0-25 years. Since 2007 we have been supporting and encouraging parent carers to be actively involved with shaping the services that their family use.

If you would like more information about PACC

Phone us on 01939 291 238 - Please note our change in telephone number

Email enquiries@paccshropshire.org.uk

or go to our website www.paccshropshire.org.uk

If you are a parent carer then do please join PACC to receive our termly newsletter and monthly e-bulletins, and other information that might be of interest to your family. All we ask in return is that your share your experiences of being a parent carer in Shropshire with us. If you work with families then you are also very welcome to go onto our mailing list so that you can stay up to date with our work and other SEND news.

Delivering Information & Support, Influence & Change Together

Our Aims

To create a community of Shropshire parent carers

To provide information about issues that affect them

To provide opportunities for Shropshire parent carers to influence decisions that affect their families, and to contribute to developing services.

Further Information about PACC's vison, objectives, priorities, how we work and our measures of success can be found in our 'Plan on a Page' shown opposite.

Shropshire Parent and Carer Council - Plan on a Page 2016/17

opportunities to participate and SEND issues

 Issue regular updates about PACC's work. Create opportunities for parent carers to

Two Way Communication

participation in consultations & discussions

share their views & experiences via

Our Core Values

support to each other and working in partnership that meet the needs of all parent carers and their with service providers, to create quality services Our vision is of a well-informed, connected and empowered community of families of children with disabilities or additional needs, offering children.

reduces isolation and strengthens the capacity of The creation of a parent carer community that empower parents and carers about the issues The provision of information to inform and parents to support their family. that affect their families. Key Outcomes

families and to contribute to developing services The provision of opportunities for parents carers to influence the decisions that affect their that meet the needs of their families

Priorities

- To embed strategic participation opportunities for Shropshire parent carers across all service areas
- To improve the delivery of information to parent carers to enable To empower parent carers to actively engage in participation opportunities

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- value, amongst commissioners & practitioners in all service areas Develop an understanding of parent carer participation and its their participation in decision making
- To bring parent carers together to lessen isolation and create resilience with the community 5.
- To develop partnerships to strengthen PACC as an organisation and to increase its reach and capacity 6

Our Ways of Working

 Promote person centred approaches to parent carers to support participation Work with statutory and voluntary **Effective Partnerships**

Opportunities for parent carers to come

Building Resilience

together & share experiences & offer

peer to peer support

Work with commissioners / practitioners organisations to develop a coordinated to ensure that services are designed, offer for SEND families

commissioned & delivered in a way that

reflects the needs of SEND families

might face and how they can respond

understanding of the challenges they

carers experiences, to develop understanding

of practitioners & commissioners

Develop case studies that illustrate parent

about services & processes

Training for p/c to develop their

community

positive outcomes & celebrate our Share examples of good practice,

Providing Representation

- Support p/c to develop the skills to become p/c representatives & provide resources that enable p/c to take on this role
 - Providing p/c representation in all strategic meetings that impact on the Shropshire SEND community
- collection and analysis in understanding the needs of the Shropshire SEND community Promote the value of effective data

Our Measures of Success

- Parent carers will report that they feel better informed about service, legislation and issues that impact their famil
- Parent carers will report that there are increased opportunities to participate in strategic decision
- Parent carers will report that they feel able to influence strategic decision making in Shropshire Parent carers will report that they feel less isolated and have a sense of community
- There will be clear participation pathways in all services areas, which enable parent carer experiences to inform all services that support SEND families
- Parent carers will report feeling more able to plan for their child's future Improved outcomes for children and young people with SEND and their Increased satisfaction with SEND services reported by parent carers

families are recorded





Chair's Report Anne Lanham



I would like to thank you all for attending our 10th annual AGM and our Conference focusing on Developing SEND Provision in Shropshire. As some of you will already be aware, this will be the last Chair's report that I will deliver, as after 10 years on the Committee and Board of PACC – the last 4 of those as Chair, I have taken the difficult decision not to stand for re-election today. I have thoroughly enjoyed my time working for PACC with the fantastic and enthusiastic people who have been members of the team over the years. There have certainly been times when the job has been challenging but these have been far outweighed by the successes and achievements of PACC. I know I can be proud of how far PACC has come as an organisation especially as it relies for a large part on the work of volunteers – volunteers who themselves already have very busy and often challenging lives as parent carers of children with disabilities and additional needs. I'm confident that I leave PACC in the hands of a very capable team who will continue to go from strength to strength.

As you will see from Sarah's Participation Co-ordinators report, PACC has had another extremely busy year being involved in the many work areas which are connected to the lives of our members, both in Children's and Adult services. Building good working relationships with the decision makers in the local Health organisations together with our Local Authority is key to making sure that our voices are heard and that the services which they are designing and providing work effectively for those who use them. We can only do this if we have the support of you, our PACC membership, who tell us your personal stories so that we can feed back both the positive and the not so positive experiences of how systems and services work on the ground. Our various Facebook pages are not only a good source of support for parents who are looking for information, both from PACC and from other parent carers, but they also provide our Board with an invaluable insight into how things are working or not working for Shropshire families. Please be assured that any information we use from these sources will always be anonymised unless we have asked for your express permission to use your personal details. So please keep sharing your experiences with us — it is crucial to the work that we do.

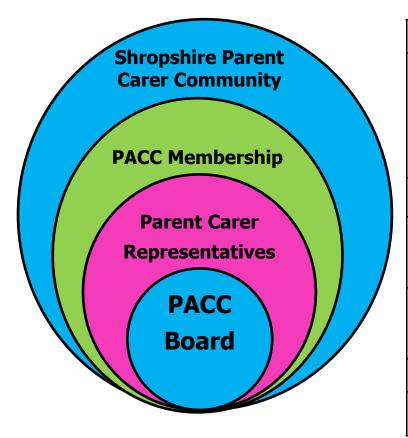
Our core funding of £15K pa continues to come from the Department for Education. This year we have also secured an additional £3510 from the DfE to enable us to continue to produce printed copies of our 3 newsletters. We are also extremely grateful to Shropshire Council, who since April this year have been providing us with funding from additional monies which they received from the DfE to support the implementation of the SEND reforms. This has enabled us to continue the paid posts of our Participation Co-ordinator and our Administrator and to continue with the work we have been doing jointly with the Local Authority around the SEND reforms. In the coming months PACC will continue to seek other funding streams which may involve doing joint bids with suitable partner organisations.

I would like to thank Gail Hogan, who stepped down from the PACC Board during the current year to take up a new career as a Social worker. Gail was an invaluable member of our team who is very knowledgeable in many areas of SEND and Social Care and who managed to juggle her role in PACC whilst also studying for a Masters degree, in addition to her

family commitments and also being on the committee of the Shropshire Down Syndrome support group. The saying "If you want something done, ask a busy person to do it" springs to mind! Thanks also go to Sarah Thomas, our Participation Co-ordinator, whose knowledge of the legislation around SEND is second to none and to Natalie Hughes our Administration support who keeps us all organised and who did a fantastic job organising our Community Games Event. Both give many hours voluntarily in addition to their paid roles. Zara Bowden, Julie Davenport, Chris Thomas and Mike Thomas, our other volunteer Board members have worked tirelessly during the last year and are standing for re-election today, so thank you for your continuing support. PACC couldn't do what it does without the commitment and expertise of all of them. Also thank you to Angela Price who has joined us as a parent representative during the year and who has now agreed to stand for election as a Board member. Thanks to Annie Taylor who has been running our new Buddies social group for teenagers and young adults which has provided an opportunity for this group to get together and have fun and develop their independence whilst their parents and carers discuss issues relating to Transition into adulthood and share their ideas and experiences. Thank you also to the young people from Buddies, Eliot, Owen, Ellie and the young people from Severndale and the Shropshire Vaulters, who volunteered at our SEND Community games and Local Offer Live event in September. We couldn't have done it without you. And once again a huge thank you has to go to Steve Thomas who not only supports us with IT issues throughout the year, but helps out at PACC events as official photographer, technician, gazebo putter upper and all round general helper.

And finally, thank you to all our members. Please keep supporting our work by telling us about your experiences, filling in our surveys and attending our events. And if any of you are interested in taking that next step and becoming a parent representative or helping our team in any way you can, then please talk to members of the PACC Board – we'd love you to join us.

PACC's Structure 2016 - 17



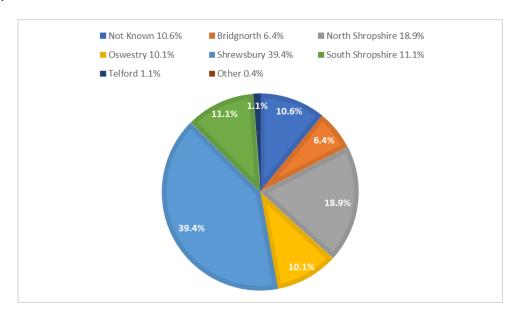
Chair Person (Trustee & Board Member)	Anne Lanham
Trustees and Board Members Co-opted Board Member	Zara Bowden Sarah Thomas Natalie Hughes Gail Hogan Julie Davenport Mike Thomas Christine Thomas Angela Price
co-opted board Member	Angela Frice
Parent Carer Representative	Joanne Lewis
Participation Co-ordinator Safeguarding Officer Administrative Supervisor (paid role)	Sarah Thomas
Administrative Officer / Secretary Data Co-ordinator (paid role)	Natalie Hughes
Accounts Auditor	Community Accounting Services
Financial Signatories	Anne Lanham Julie Davenport Sarah Thomas

PACC membership 2016/17

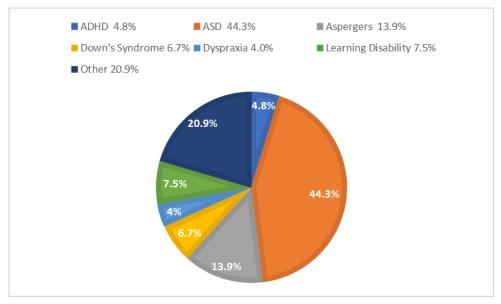
The total number of people on the PACC mailing list is 603. This is made up of 520 parent carers and 83 Professionals. During the period October 16— September 17, we had 19 new parent carer members joining. Due to young people passing the age of 25 or families leaving the area, 11 parent carers have ceased to be membership of PACC.

Where do our members live?

Our members come from throughout Shropshire and the breakdown of our membership reflects the population distribution in Shropshire, with the majority living in or around Shrewsbury.

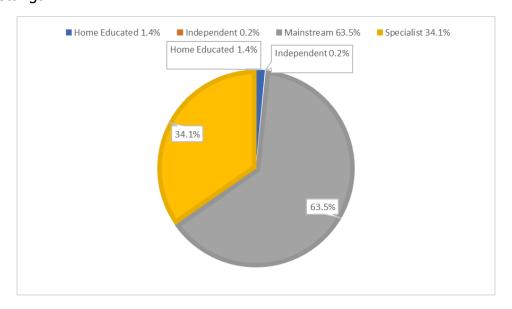


Disability or additional need of eldest child; We do not have information about 148 members. The following figures are given as % of those for whom we do have information.

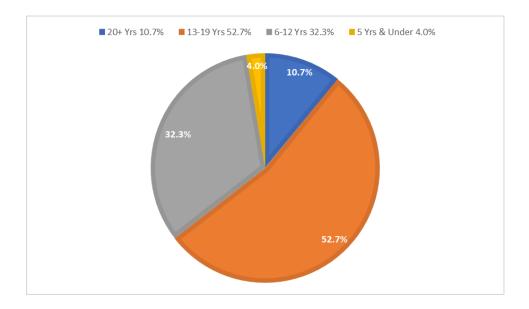


Type of education of eldest child with a disability or additional need; We do not have information about 171 members. The following figures are given as % of those for whom we do have information.

The majority of eldest children with a disability or additional need of our members attend a mainstream setting. This reflects the distribution of the local SEND population in local education settings.



Age of Eldest Child with a disability or additional need; We do not have information about 140 members. The following figures are given as % of those for whom we do have information.



PACC Data Management - PACC is registered with the Information Commission Office as an organisation which holds personal data about individuals. We do not share personal data about our members with other organisations and take steps to ensure that all data is kept securely. We use the information to be able to stay in contact with our members and to understand the potential needs of the SEND population in Shropshire.

Participation Co-ordinator's Report Sarah Thomas



PACC's work load has continued to grow over the last 12 months and one thing that we have focused on is ensuring that Shropshire parent carers and particularly PACC members, are kept up to date and well informed about the work that we are doing. This year PACC reviewed its communication strategy and put in place a number of actions to ensure that we are in regular contact with the community that we work to represent.

This year we have held 9 Board meetings and 8 open participation sessions, providing Shropshire parent carers with a chance to meet directly with the PACC Board and to provide any feedback about our work or other issues on a face to face basis. The March session was used to develop links with other local parent carer led groups, to discuss how PACC can work with them, to reach more families and to ensure that a wide range of parent carers are given the best chance to have their voices heard.

After all Board meetings we have issued a public report of the discussions and decisions taken, which is publicised on our website and via social media. Since December 2016 we have also started to issue regular (every 4-6weeks) e-updates, that provide information on recent PACC activity, how to get involved in SEND decision making and other SEND news. These updates are emailed to all our members and circulated more widely via our website and social media network.

We have also updated our website, with the help of a local company, Clear Design Consultancy. Our aim was to provide core information about PACC and our work, in a clear and accessible way and to ensure that our website is regularly updated with local and national SEND news and information. We are really pleased with the new site and hope that you have all found it easy to use and useful. We are very grateful to Clear for the help and support they provided in developing it.

The PACC termly Newsletter 'Participate' continues to be an important part of our work and feedback in our annual survey shows that it continues to be well received and valued by Shropshire parent carers. We were lucky enough to secure additional funding from the Department for Education to produce the newsletter this year, after our Lottery project ended and hope that we will be able to secure further funding in the future so that 'Participate' can continue to be published. As well has giving more detail about PACC's work, the newsletter also provides an opportunity for parent carers to share their stories about different aspects of their lives and we know from feedback that hearing these personal stories is particularly important to you all. Thank you to all the individuals who have provided articles about their lives.

The range of work that PACC is involved in has grown during the past 12 months and we are particularly pleased that our involvement with Shropshire adult services has increased. The development of the Transition Lead role, based in the Adult Social Care team, has been particularly positive and PACC has valued the opportunity to work closely with Kelly Kubilius right from the start of her appointment. We also now have a regularly meetings

established with Andy Begley, the Director of Adults Services, which provides the chance to discuss key issues and develop the support provided for young people with disabilities as they enter adulthood. To support this work with Adult Services PACC has this year established its Buddies Social Activities Network for families of SEND teenagers and young adults. The group brings families together by providing social events and new experiences for the young people, creating opportunities for PACC to hear directly from parent carers experiencing the transition process and life with their children as young adults.

PACC continues to provide parent carer representation at a wide range of regular strategic meetings, across education, health and social care. The introduction of the joint Ofsted and Care Quality Commission SEND Local Area Inspections has provided a new focus to the implementation of the SEND reforms and there has been an increased emphasis on services being outcome focused and working together more effectively. A new SEND strategy has been developed in Shropshire reflecting this. The strategy has 3 key work streams; Communication and Participation, Joint Commissioning and Service Delivery and Quality, Performance and Finance and we are pleased that PACC has been asked to Co-Chair the Communications and Participation workstream, as well as providing representation on the other two workstreams.

Our events programme has been full again this year, delivering two conferences, the second SEND Community Games and Local Offer event and two training events for parent carers, our Knowing Me Knowing Us course and a workshop looking at how parent carers can use one page profiles to support their discussions with SEND practitioners. These opportunities to meet with parent carers, and on occasions the children and young people with disabilities and additional needs they support, are essential in ensuring that PACC remains closely linked with the community it serves. Hearing families' experiences directly and learning together is central to PACC's work. We particularly enjoyed hosting the second SEND Community Games and Local Offer event this year. It is great to see families having fun and trying new things together, whilst also finding out about the local SEND services and support that is available in Shropshire.

For the full list of the PACC activity in 2016/17 please see the tables over the page.

While we are obviously pleased that PACC's role in delivering participation in Shropshire continues to increase, it does bring some challenges. All those working for, or volunteering for PACC are parent carers themselves, and that means that we are sometimes managing difficult family circumstances, as the needs of our children change. As an organisation PACC always supports staff or volunteers when their role as parent carers becomes more demanding and aims to be flexible in its approach, however as our work increases this becomes more difficult, unless the size of our team increases along with the workload. For PACC to be a sustainable organisation we need your support and the more Shropshire parent carers that get involved in our work the bigger difference we can make.



PACC Annual Activity -October 2016 to September 2017

Core Activity	
9 Board Meetings	Oct 16, Nov 16, Dec 16, Jan 17, Feb 17, Mar 17, May 17, July 17, Sept 17.
8 Open Participation Sessions	As above except during March the session was replaced by a meeting of the Shropshire SEND Participation Network
9 Public Records of Board Meetings issued	Summary of discussions and decisions taken at PACC Board Meetings
6 e-updates issued since Dec 16	Issued each 4-6wks providing updates on recent PACC activity, how to get involved and other SEND news
3 termly editions of 'Participate' newsletter published	1000 copies distributed per term including all PACC members and all families who have a child at Severndale Academy. Introduced regular article 'News from the SEN Team' this year
Maintained regular presence on social media	Twitter followers increased to 751 Facebook Open page increased to 540 Facebook PACC Forum members increased to 95 Facebook PACC Early Years members increased to 37 Facebook PACC Post 16 Chat members increased to 40
Review of PACC website	Working with Clear Design Consultancy to develop new site that is accessible and easy to use

PACC Events	
AGM and Autumn Conference November 2016	Providing an introduction to person centred planning for parent carers and how it can be used to facilitate participation in decision making
Knowing Me Knowing Us Course – Jan / Feb 2017	Training for parent carers on adjusting to their new role and the resources that are available to help
Spring Conference 10th May 2017	'Supporting SEND in Schools' – focus on working in partnership and what does Early help mean? Jane Friswell presenting – with Julia Dean and Sharon Graham introducing how Early help is delivered in Shropshire and the new Shropshire graduated pathway
Carers Voice Conference – Commitment to Carers - 25th May 2017	NHS England funded project. PACC provided 11 parent carers stories for the report and contributed to development of key themes and recommendations and presented at Conference on 'What Does it Mean to be a Parent Carer?'
One page profiles for parent carers workshop – May 2017	How to use One Page profiles to support your voice being heard – Carers Week event
SEND Community Games and Local Offer Live Event – Sept 2017	Empower, Experience and Inspire – a day of information, activities and speakers promoting SEND services and activities in Shropshire
Buddies social network and holiday activity programme	Social network for SEND teenagers and young adults and their families

Representation provided for;	
Family Carers Partnership Board	Overseeing the implementation of the Shropshire All Age Carers strategy
Learning Disabilities Partnership Board	Providing feedback to adult services and Post 16 SEN team on transition experience and issues that impact on people with learning disabilities in adulthood
SEND Strategic Board	Multi agency meeting hosted by Shropshire Council – provides overview for the implementation of the SEND Reforms and the delivery of the Shropshire SEND strategy
Early Years Work Group	Looks at SEND issues in the Early years – particularly early identification and co-ordination with health services
Post 16 Advisory Group	Representation from colleges, schools, SEN team and health looking at options after school and preparation to adulthood
Joint Assessment Planning Implementation and review group (JAPIR)	overseeing the development of the EHCP process and review and monitoring of EHCP's – meets monthly
0-25 Emotional Health and Wellbeing Implementation Group / Stakeholder group	Opportunity to contributed to independent evaluation of development of new mental health service and providing input around Learning disabilities pathway and neurodevelopmental pathway
Quarterly meetings with Director of Children's Services	Includes meeting with Assistant Directors of Children's Social Care and Early Help – a chance to raise key issues
Quarterly Meetings with Director of Adult Services	A chance to raise key issues
Short Breaks Group	Participation in review and annual commissioning of All In services
Recommissioning of assessed short break services	Included presenting key themes from parent carer feedback at providers event – providing input to tender specification and participation in assessing bids
Integrated Clinical Care Group	Part of the transforming care programme in Shropshire – discussions about increasing annual health check uptakes – links to SEND processes – how health inequalities impact on families of children with disabilities – what works and what doesn't work.
Multi Agency SEND Inspection Workshops	Includes developing relationships across education, health and social care – produced plan on a page to inform process and explored delivery of key inspection themes - includes peer review activity
'Making it Real' Groups and Board	Developing parent carer participation in adult services
Recommissioning of Autism Support Service in Shropshire	Providing the parent carers voice in the assessment of bids to deliver service
Shropshire Community Health Trust Transition Group	Improving the transition experience for young people with health needs – included presentation to Shropshire Community Health Trust Executive Board
Developing Preparing for Adulthood Outcomes Work Group	Working with Severndale Academy to develop PFA outcomes for Education, Health and Care plans
Transition Worker Post Development	Participated in developing the role of Transition worker based in adult services and provided representation for the interview panel for post – followed by regular meetings with post holder

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Disabled Children's Pathway Workshop	Exploring the delivery of social care support for disabled children in Shropshire
Preferred Early Years Providers Introductory Training	Presented at training for Shropshire Council's preferred early years providers – introducing PACC and working in partnership with parent carers
National SENCO Award session	Presented about PACC and parent carers participation at Shropshire's National SENCO Award session
Transforming Care Programme – working with the Community Sector Workshop	Developing links with the Community and Voluntar sector to inform the Transforming Care Programme
Condover College Open Day	Introducing Parent Carer Participation
Adult Services Peer Review	Participated in feedback session
Adults Learning Disability Strategy workshop	Exploring key issues for adults with learning disabilities to contribute to strategy review
Collective Voices Workshop	Developing participation in adult services
Alternative Pathways Workshop	Mapping alternatives to residential college for young people with learning disabilities and or autism
West Midlands Regional Work	T
WM Parent Carer Forums Regional Network Meetings	Meeting with representatives from parent Carer Forums in the West Midland to share best practice and address issues at a regional level
Council for Disabled Children Regional Health workshops	Exploring health input into EHCP process and healt initiatives that overlap with SEND
Co-production in Action Event	Joint event with regional PCFs and Preparing for Adulthood – how to deliver co-production
'Future in Mind' Regional Event	Improving mental health services for children and young people in the West Midlands
CAMHS Best Practice Regional Event	Exploring transformation of CAMHS Services
Regional Health Conference	Linking Health initiatives with SEND
National Activity	
All Party Parliamentary Group On Children's Social Care Call for Evidence	Contributed evidence to report and attended laund event
Contact a Family Call for Evidence on SEN Transport	Contributed evidence
NNPCF and Contact a Family AGM and Annual Conference	Attended and contributed to discussion
Healthwatch National Annual Event	Presented on outcomes from research project funded by Shropshire Healthwatch and the importance of developing an evidence base for participation
Training For PACC Board Members & Reps	
Early Childhood Intervention without Tears	Seminar exploring the mental health of children with disabilities and their families
Study Programmes For SEND Learners	How to improve study programmes for young people with SEND - chance to share effective

participation locally

Families Act 2014

Making Young people's Participation Happen Work-

IPSEA - SEND Law for Parent Carers

shop

practice on a range of topics, including meaningful work experience, and developing English and maths

Council For Disabled Children event – looking at

Review of the requirements of the Children and

good practice in developing young people's



Outcomes - 'Delivering Information, Support, Influence & Change Together'

Results from PACC Annual Survey 2017

Each year PACC issues an annual survey asking for feedback on our work. Paper copies of the survey were sent out to our members with a pre paid envelope for the return of completed forms (500 plus). We also circulated an online version of the survey via our social media network and directly to all families who have a child at Severndale Academy. It was disappointing that we did not get a good response in terms of number of completed survey's this year and only received 30 in total. It was pleasing however that the feedback that we have received has been overwhelmingly positive. Below is a summary of what Shropshire parent carers said about PACC and it's work.

PACC's Termly Newsletter Participate

Of those respondent's who received 'Participate':

82% said the information in Participate is useful

59% said the information in Participate is easy to understand

55% said the information in Participate is relevant

50% said the information in Participate is accurate

50% said the information in Participate is accessible

PACC's Regular E-updates

Of the respondents who receive these:

73% said the information they contained was useful

62% said the information they contained was easy to understand

54% said the information was relevant

42% said the information was accurate

42% said the information was accessible

Has the information provided by PACC through the newsletter, updates, conferences or events improved your knowledge of SEND Services or legislation?

93% of respondents said yes

Do you feel that PACC provides you with the opportunity to participate in joint decision making in relation to SEND service provision?

81% of respondents said yes

Do you feel that PACC provides you with the opportunity to have your voice heard in a way that helps to shape SEND service provision?

70% of respondents said yes

Does PACC activity help you feel part of the Shropshire parent carer community?

75% of respondents said yes

Are you a PACC Member and if so does how does being a PACC member help you feel?

95% of respondents said being a PACC member helped them to feel more informed **68%** of respondents said being a PACC member helped them to feel more supported and connected

58% of respondents said being a PACC member helped them to feel less isolated **37%** of respondents said being a PACC member helped them to feel more able to cope

This feedback will be used to shape how PACC's works in the future. We are really pleased that overall the work that we are doing seems to be valued by Shropshire parent carers and is making a positive difference to their lives. Thank you to all parent carers who completed the survey.

PACC Spring Conference 2017 - 'Supporting SEND in Schools'



Annual Accounts & Funding Report

PACC continues to employ Community Accounting Services to manage our accounts for us. Our annual accounts are submitted to the charity commission each year and can be view on their website.

Our core funding of £15K pa is from the Department for Education and each year there is an opportunity to bid for additional discretionary funding. This year PACC were successful in our bid for a further £3510 from the Department for Education, to enable us to produce 2 editions of our termly newsletter 'Participate' and to produce a new PACC leaflet. Since April 2017 PACC has also received funding, which will total £29,724.40 over a 12 month period, from Shropshire Council, to enabled us to continue the paid posts of Participation Co-ordinator and Administrator which are central to the delivery of PACC's work. We were also pleased to receive a contribution of £1750 from Shropshire Council to enable PACC to host the second SEND Community Games and Local Offer Event in September 2017. In the coming months PACC will continue to seek other funding streams which may involve doing joint bids with suitable partner organisations.

Budget Heading	Amount
Events – including Annual Conference 2017; Venue, Refreshments, Printing, Speaker plus expenses AGM and Open Meeting 2017; Venue, Refreshments, Printing	£1850
Meetings and Workshops – including Board meetings and Open Participation Sessions, Consultation and topic specific participation meetings / workshops – venues, refreshments and printing	£1500
Training – for PACC Board members and Parent Carer Reps	£250
Infrastructure - including Royal mail licence, Royal mail PO Box, Insurance, professional services book keeping, Telephone service, data protection renewal, Microsoft Office 365 charity offer	£2595
Developing information resources – includes one edition of termly newsletter and annual survey	£1050
Staffing - contribution to purchase of Administrative hours	£6000
Travel expenses – including travel costs for attending meetings and PACC activities	£1000
Other – includes postage and contribution to regional network costs	£755
Total	£15000

The Future and What's next For PACC?

PACC is always looking to the future and thinking about how we can build on what we have already delivered. As we have previously shared we have been developing a new project called 'Understanding Our Lives' and this will form the basis for any future funding bids. The aim for this project will be;

 To create a well-informed, supportive, confident and resilient parent carer community in Shropshire, to enable individual parent carers to effectively engage and inform both individual and strategic decision making, moving from a position of purely recipients of services to active participants in decision making about the life of their family.

The issues that the project will be working to address are;

 Parent carer isolation, sense of lack of control and confidence. A lack of parent carer knowledge and understanding of SEND legislation, local processes and the support and services available. A lack parent carers understanding of what good looks like and potential low expectations of the system, potentially resulting in a passive approach to participation. A lack of understanding by many practitioners of the complexity and emotional impact of the parent carer role, often resulting in poor relationships between parent carers and practitioners

The outcomes that the project will be looking to achieve are;

Parent carers will understand and positively influence the factors that impact their lives; including their own emotional response, the response of others to disability, the impact of working with multiple services and the concern for the future. SEND practitioners and decision makers will have an improved understanding of the lives of families of children and young people with SEND, so that they establish positive relationships with families. Parent carers knowledge and understanding of SEND legislation, local processes and the support and services available will increase, enabling them to make informed decisions and actively participate in decision making. There will be more opportunities for parent carers to come together and benefit from peer to peer support, reducing isolation and increasing resilience.

We have developed this project in partnership with Shropshire parent carers and while we recognize that not all parent carers will be impacted by the issues identified, we believe they do reflect the main issues experienced by our community.

PACC will continue to deliver participation opportunities in Shropshire, building on existing relationships and developing new ones. We hope to increase our work with Social Care and Health commissioners and providers in particular, and to increase opportunities for parent carers participate in decision making in these service areas.

Increasing the number of parent carers with whom we have contact remains, a key aim for us and we are particularly keen to develop our engagement with parent carers of younger children during the coming year.

We look forward to continuing to work with Shropshire parent carers and SEND practitioners and decision makers to deliver information, support, influence and change together.



