



## Activities for children & young people with SEND in Shropshire



**REGISTER NOW**

**We are now planning this year's Summer Programme.**

**Locations of activities will be based off the locations of Children/ Young People registered across Shropshire.**

**If you have not yet registered, follow the link or scan the QR code.**

**If you would like any further information, please email  
[info@paccshropshire.org.uk](mailto:info@paccshropshire.org.uk)**

**The Healthy Lives Programme is about supporting the physical and mental wellbeing of children and young people from the Shropshire SEND community, especially those from the Learning Disability and /or Autism communities.**

**It is about making community-based activities accessible to this group, bringing together activity providers into one co-ordinated programme that offers meaningful opportunities to learn new skills, build confidence, make friends and get active.**

**Importantly it provides these opportunities during the school and college holidays, a time families tell us can be difficult, when young people miss their friends and routines, and Parent Carers sometimes struggle to balance the demands placed on them.**

## Healthy Lives Summer Programme

### **The Healthy Lives Programme:**



**Provides a variety of activities to support physical and mental wellbeing**



**Provides the opportunity to make new friendships**



**Provides young people with SEND with opportunities to catch up with friends**



**Gives the opportunity to try new activities in a safe and inclusive environment**



**Develops skills- confidence, independence, communication.**



**Provides Peer support opportunities for Parent Carers**

### **The Healthy Lives Programme:**



**Is not a holiday club**



**Does not provide 1:1 support**



**Is not childcare**



**Does not require a referral. Parent Carers register their child/ young person.  
No formal diagnosis is required.**